



News Notes

#1093 A weekly bulletin for residents of Auroville 21 August 2025



Photo by Ulrike

India is not the earth, rivers and mountains of this land, neither is it a collective name for the inhabitants of this country. India is a living being, as much living as, say, Shiva. India is a goddess as Shiva is a god. If she likes, she can manifest in human form.

Mother. Words of the Mother, 24 April 1972

Pondering



India's nature, her mission, the work that she has to do, her part in the earth's destiny, the peculiar power for which she stands is written there in her past history and is the secret purpose behind her present sufferings and ordeals.

Sri Aurobindo, The Renaissance in India

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House of Mother's Agenda

(continued from last week)

Then after silence a still blissful cry
 Began, such as arose from the Infinite
 When the first whisperings of a strange delight
 Imagined in its deep the joy to seek,
 The passion to discover and to touch,
 The enamoured laugh which rhymed the chanting worlds:
 "O beautiful body of the incarnate Word,
 Thy thoughts are mine, I have spoken with thy voice.
 My will is thine, what thou hast chosen I choose:
 All thou hast asked I give to earth and men.
 All shall be written out in destiny's book
 By my trustee of thought and plan and act,
 The executor of my will, eternal Time.
 But since thou hast refused my maimless Calm
 And turned from my termless peace in which is expunged
 The visage of Space and the shape of Time is lost,
 And from happy extinction of thy separate self
 In my uncompanioned lone eternity,—
 For not for thee the nameless worldless Nought,
 Annihilation of thy living soul
 And the end of thought and hope and life and love
 In the blank measureless Unknowable,—
 I lay my hands upon thy soul of flame,
 I lay my hands upon thy heart of love,
 I yoke thee to my power of work in Time.
 Because thou hast obeyed my timeless will,
 Because thou hast chosen to share earth's struggle and fate
 And leaned in pity over earth-bound men
 And turned aside to help and yearned to save,
 I bind by thy heart's passion thy heart to mine
 And lay my splendid yoke upon thy soul.
 Now will I do in thee my marvellous works.
 I will fasten thy nature with my cords of strength,
 Subdue to my delight thy spirit's limbs
 And make thee a vivid knot of all my bliss
 And build in thee my proud and crystal home.
 Thy days shall be my shafts of power and light,
 Thy nights my starry mysteries of joy
 And all my clouds lie tangled in thy hair
 And all my springtides marry in thy mouth.
 O Sun-Word, thou shalt raise the earth-soul to Light
 And bring down God into the lives of men;
 Earth shall be my work-chamber and my house,
 My garden of life to plant a seed divine.
 When all thy work in human time is done
 The mind of earth shall be a home of light,
 The life of earth a tree growing towards heaven,
 The body of earth a tabernacle of God.
 Awakened from the mortal's ignorance
 Men shall be lit with the Eternal's ray
 And the glory of my sun-lift in their thoughts
 And feel in their hearts the sweetness of my love
 And in their acts my Power's miraculous drive.
 My will shall be the meaning of their days;
 Living for me, by me, in me they shall live.
 In the heart of my creation's mystery
 I will enact the drama of thy soul,

Inscribe the long romance of Thee and Me.
 I will pursue thee across the centuries;
 Thou shalt be hunted through the world by love,
 Naked of ignorance' protecting veil
 And without covert from my radiant gods.
 No shape shall screen thee from my divine desire,
 Nowhere shalt thou escape my living eyes.
 In the nudity of thy discovered self,
 In a bare identity with all that is,
 Disrobed of thy covering of humanity,
 Divested of the dense veil of human thought,
 Made one with every mind and body and heart,
 Made one with all Nature and with Self and God,
 Summing in thy single soul my mystic world
 I will possess in thee my universe,
 The universe find all I am in thee.
 Thou shalt bear all things that all things may change,
 Thou shalt fill all with my splendour and my bliss,
 Thou shalt meet all with thy transmuting soul.
 Assailed by my infinitudes above,
 And quivering in immensities below,
 Pursued by me through my mind's wall-less vast,
 Oceanic with the surges of my life,
 A swimmer lost between two leaping seas
 By my outer pains and inner sweetnesses
 Finding my joy in my opposite mysteries
 Thou shalt respond to me from every nerve.
 A vision shall compel thy coursing breath,
 Thy heart shall drive thee on the wheel of works,
 Thy mind shall urge thee through the flames of thought,
 To meet me in the abyss and on the heights,
 To feel me in the tempest and the calm,
 And love me in the noble and the vile,
 In beautiful things and terrible desire.
 The pains of hell shall be to thee my kiss,
 The flowers of heaven persuade thee with my touch.
 My fiercest masks shall my attractions bring.
 Music shall find thee in the voice of swords,
 Beauty pursue thee through the core of flame.
 Thou shalt know me in the rolling of the spheres
 And cross me in the atoms of the whirl.
 The wheeling forces of my universe
 Shall cry to thee the summons of my name.
 Delight shall drop down from my nectarous moon,
 My fragrance seize thee in the jasmine's snare,
 My eye shall look upon thee from the sun.
 Mirror of Nature's secret spirit made,
 Thou shalt reflect my hidden heart of joy,
 Thou shalt drink down my sweetness unalloyed
 In my pure lotus-cup of starry brim.
 (to be continued next week)

Sri Aurobindo, Savitri—II, Part Three
 Book Eleven: The Book of Everlasting Day
 Canto I: The Eternal Day: The Soul's Choice and the Supreme Consummation
<https://incarnateword.in/cwsa/34/the-eternal-day-the-souls-choice-and-the-supreme-consummation>
 Gangalakshmi (HOMA)

Townhall Speaks

L'AVENIR D'AUROVILLE/ ATDC ADVISORY



L'avenir d'Auroville

L'avenir d'Auroville/ ATDC issues this advisory to all residents/ inhabitants of Auroville on how to deal with your infrastructure related needs and the Infrastructure Services/ Service Units namely Auroville Water Service (AWS), Auroville Electrical Service (AVES), Auroville Communication Service (ACS), and Auroville Road Service (ARS). We request your cooperation in reviewing and following the guidelines below, so that our infrastructure teams can continue to deliver reliable and improved services for everyone.

Infrastructure Services in Auroville – Do's & Don'ts

Ensuring Safe, Stable, and Structural reliability

Do's

- **Contact the relevant Service Unit** (AWS, AVES, ACS, ARS) for any infrastructure-related needs (water, power, internet, roads).
- **Seek written clearance** from the Service Unit and ATDC **before making any modifications** to water pipes, electric lines, internet cables, or road surfaces.
- **Report outages, damages, or unusual activities** near infrastructure corridors to the responsible Service Unit.
- **Use qualified professionals and follow SOPs** when executing any approved work on public infrastructure.
- **Pay connection charges or service fees** as required—infrastructure operates on a “user-pays” model with Govt subsidies during the build-out phase.
- **Stay informed** via public notices issued by Service Units about planned disruptions or upgrades.
- **Respect annual work cycles** and cooperate with maintenance schedules to ensure infrastructure reliability.
- **Use preferred suppliers and contractors** listed by ATDC for quality assurance and accountability.

Don'ts

- **Do not dig, modify, or connect** to any water, electrical, or fiber networks **without written permission**.
- **Do not engage private contractors** for infrastructure work without approval from Service Units and ATDC.
- **Do not damage, displace, or obstruct** infrastructure ducts, junction boxes, or manholes.
- **Do not bypass ATDC's planning** or technical sanction process—unapproved works are actionable.
- **Do not ignore** maintenance or upgrade notifications—these are critical for safety and reliability.
- **Do not delay payments** for service connections or repairs—these impact service quality and sustainability.
- **Do not withhold** access to common infrastructure spaces from Service Units—this is needed for timely maintenance.
- **Do not alter** community infrastructure maps or service routes without proper coordination.
- **Do not assume liability-free changes**—damage to public infrastructure may incur **repair penalties and legal action**.
- **Do not install parallel or duplicate systems** without first consulting ATDC and relevant services.

Help us build a better, safer Auroville. Respect infrastructure protocols and support the work of AWS, AVES, ACS, and ARS.

+91413 2622170, avenir@auroville.org.in

Active members: Hemant, Jaya, Ponnusamy, Prasad, Sindhuja & Toby

Member-Secretary: Dr. G. Seetharaman

MAINTENANCE INCREASE

Respected Chairman, Governing Board Members and Secretary Ma'am, we are extremely grateful to all of you for approving the long-awaited maintenance increase, which the residents have been hoping for. This revision is essential to help manage the individual's basic monthly expenses.

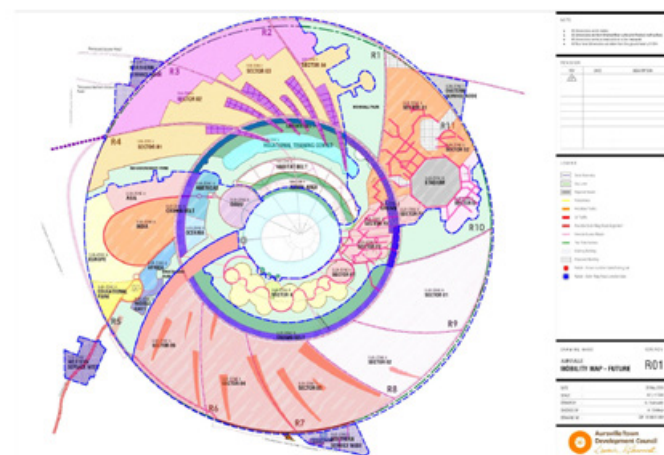
On behalf of all the residents, we sincerely thank you for your continued support.

The Working Committee

Anu, Arun, Joseba, Partha, Selvaraj, Tine

ZONAL DEVELOPMENT PLANS:

Stepping Into the Next Chapter of Auroville's City-Building Journey



August 15 holds a special resonance for Auroville. It is the day we commemorate the birth anniversary of Sri Aurobindo, whose vision of a new consciousness and a new world is the very reason Auroville exists. It is also the day India celebrates its independence, a reminder of the nation's leap into self-determination and its ongoing journey towards realising its destiny.

In this year, 2025, as we mark Sri Aurobindo's 153rd birth anniversary and India's 78th Independence Day, Auroville finds itself at a turning point of its own. We are taking decisive steps in the implementation of the Auroville Master Plan, which has been extended to 2035 to allow for the complete realisation of the township as originally envisaged. The completion of the Zonal Development Plans (ZDPs) by L'avenir d'Auroville/ Auroville Town Development Council stands as a major milestone in this journey, setting the stage for the more detailed Sector Plans, now under preparation. This is more than just planning on paper. It is the translation of the Galaxy Plan into the tangible blueprint for the city's growth over the next decade, a leap forward that echoes the bold spirit of both Sri Aurobindo's vision and India's trust with destiny.

From vision to manifestation: Why ZDPs Matter

The Auroville Master Plan lays out the overall scheme of the city—the four zones (Residential, Cultural, Industrial, and International) surrounding the Matrimandir, the Crown, the Radial and Ring roads, the Green Belt, and the integration of nature and built space. While the Master Plan provides the vision and the structure, the Zonal Development Plans zoom into the next level of detail.

ZDPs are framework plans for each zone that:

- Define land use allocation in alignment with the Master Plan
- Identify detailed road networks and mobility infrastructure
- Reserve land for public amenities and community services
- Plan for infrastructure corridors for water, electricity, and communication
- Integrate green corridors, open spaces, and biodiversity areas
- Respect existing settlements while guiding future growth in a coherent way

With the ZDPs for all four zones now completed, we have for the first time in Auroville's history a clear, agreed-upon spatial framework for the township at the zonal scale. These plans bridge the gap between the broad strokes of the Master Plan and the fine-grained precision of building-level layouts.

Leaping Forward to 2035: The Extended Horizon

The Governing Board of the Auroville Foundation has recently extended the timeline for the implementation of the Master Plan to 2035. This decision recognises the scale and complexity of building a unique city like Auroville—one that is at once experimental, ecological, and aligned with Sri Aurobindo's spiritual vision.

This extended horizon gives us the space and time to:

- Phase development in a balanced and sustainable way
- Complete critical infrastructure like the Crown Road, Radial Roads, and Outer Ring Road
- Expand public spaces and amenities in each zone
- Integrate renewable energy systems and water management solutions
- Strengthen connections between the city area and the Green Belt
- Support the growth of Auroville's population towards its intended 50,000 residents by 2035

Sector Plans: The Next Layer of Precision

With ZDPs completed, the Sector Plans are now under preparation. If the Master Plan is the structure, and the ZDPs are the walls, the Sector Plans are the finishing details for implementation.

Each zone is divided into sectors—smaller planning units that can be developed in phases. Sector Plans will detail:

- Block layouts for buildings, public spaces, and open areas
- Phasing strategies to guide what gets built when, ensuring services keep pace with growth
- Infrastructure detailing, including water supply networks, load center identification and electrical distribution, and waste management systems
- Pedestrian and cycling routes, ensuring Auroville remains a human-centred city
- Ecological integration, with tree planting and water bodies embedded in the design
- Service provision mapping—from education and health to culture, sports, and community facilities

This layered approach ensures that every road, park, building cluster, and service hub is part of an integrated whole.

What the ZDPs and Sector Plans Focus On

While each zone has its own unique function, the planning priorities share common threads that reflect Auroville's ethos:

- **Human-Scale Mobility**
 - Ensuring the Crown becomes the primary urban connector, supported by radial and ring roads
 - Designing pedestrian- and cycle-friendly routes
 - Integrating electric mobility infrastructure
- **Ecological Resilience**
 - Green Networks that connect the city to the Green Belt
 - Identification of important green pockets and integrating them into the guidelines wherever feasible, without distorting the Galaxy Plan
 - Incorporation of rainwater harvesting and stormwater management
- **Community Spaces and Amenities**
 - Schools, cultural venues, sports facilities, and gathering spaces embedded in every zone
 - Allocations for services such as health care, waste management, and public administration

• Energy and Infrastructure

- Decentralised renewable energy systems
- Integrated utility corridors to avoid repeated land disturbance
- Smart systems for water and waste management

• Phased, Balanced Growth

- Avoiding over-concentration of development in one area
- Ensuring new residents have access to services from day one
- Protecting land for future needs and avoiding ad hoc sprawl

A Collective Leap, in the Spirit of 15 August

On 15 August, 1947, India awoke to freedom, with the responsibility to shape its own future. On 15 August, 1872, Sri Aurobindo was born, whose vision extended beyond political freedom to a deeper liberation—a new consciousness for humanity.

Today, in 2025, Auroville stands at a similar threshold. The completion of the Zonal Development Plans is not merely a technical achievement; it is a collective affirmation that we are ready to take the next great leap in manifesting the City of Dawn. The Master Plan's extension to 2035 is not a postponement, but an opportunity to build with care, depth, and integrity, ensuring that every step honours the original vision.

As we move into the preparation of Sector Plans, we are committing to a level of precision and foresight that will ensure Auroville's growth is harmonious, sustainable, and vibrant. In doing so, we carry forward both the pioneering spirit of India's independence and the evolutionary aspiration of Sri Aurobindo.

The journey from vision to reality is long, but it is made of concrete milestones. The Zonal Development Plans mark one such milestone. They are the scaffolding upon which the next decade of Auroville will rise—a decade that, if we work together with clarity and dedication, will see the full flowering of the Galaxy Plan by 2035.

The map accompanying this article is not just a diagram. It is a picture of our shared future—a future we are already building, stride by stride, towards the living embodiment of a dream that began over a century ago in the heart of Sri Aurobindo, and fifty-seven years ago in the red soil of Auroville.

Sindhuja, Member/

Planning & Project Development Coordinator—L'avenir d'Auroville/ Auroville Town Development Council

Community News

Matrimandir News & Schedules

MATRIMANDIR NEWSLETTER

August 2025



[Please read the issue here](#)

Submitted by John

MATRIMANDIR

Access Information



Access to the Park of Unity

- The Matrimandir, the Petals, the Lotus Pond and the Banyan Tree are areas of **silence**.
- The Park of Unity is open to Aurovilians and registered Newcomers daily, 6am—7:30pm.
- Aurovilians may bring close family and friends to the Gardens daily, 9am—3:30pm.
- Aurovilians wishing to bring close family to the Gardens at any other time should inform mmconcentration@auroville.org.in before 11am on the day of the proposed visit.
- Savi registered Volunteers and Donors require a pass to enter the Park of Unity. Timings will be indicated on the pass.
- Published events in the Park of Unity are open to Aurovilians, registered Newcomers, Volunteers, Pass holders and Guests. Guests should bring their Aurocards.
- Savitri Readings on Thursday evenings: Guests holding only Aurocards wishing to attend should book at mmconcentration@auroville.org.in one or two days in advance.

Access to the Inner Chamber of the Matrimandir

The Matrimandir is a place for silent individual concentration. The Inner Chamber is open to Aurovilians and registered Newcomers:

- Monday—Saturday: 6—8am, 4:30—7:30pm.
- Sunday: 6am—12pm, 4:30—7:30pm.

The Inner Chamber is open to SAVI registered Volunteers:

- Wednesday—Monday, 8—8:40am.
- Arrival at 7:45am at the Office Gate.

The Inner Chamber is open to Aurovilians wishing to accompany a maximum of 5 close family members and friends no more than once in two weeks, with booking 3 to 5 days in advance to mmconcentration@auroville.org.in

- Any day except Tuesday & Sunday: 8—8:35am. Arrival at 7:45am at the Office Gate.

The Inner Chamber, the Petals and the Gardens are open to the Children of Auroville and the Outreach Schools:

- Tuesday 9—11am.

Auroville units can bring their staff to the Inner Chamber with a prior booking to mmconcentration@auroville.org.in

- Tuesday 8—8:30am.

Access to Matrimandir for Visitors and Guests

Matrimandir Viewing Point: The Viewing Point is open to the general public on presentation of a Pass. Visits to the Matrimandir Viewing Point are free of cost. Free passes can be obtained at the Auroville Visitors Centre.

- The Viewing Point lies south of the Park of Unity and offers visitors a panoramic view of the Matrimandir and the Gardens and the Lake.
- Starting from the Visitors Centre. Daily, 9am—5:30pm.

The Inner Chamber of the Matrimandir is open to Visitors and Guests by prior booking only. Visitors and Guests seeking to concentrate in the Inner Chamber are requested to inquire at the Information Desk of the Visitors Centre after first visiting the Viewing Point, or to go to the website: auroville.org

- Prior booking is required to access the Inner Chamber at least one or two days in advance. Bookings for concentration are given for the following or the first free day as per availability and are accepted only up to one week in advance. Minimum age 10 years.
- The Petals are open to Visitors on the morning of their Inner Chamber visit.

Visiting Matrimandir with Family and Friends

Kindly note the following points regarding bringing family and close friends to the Matrimandir.

- **The Park of Unity:** Aurovilians may bring close family and friends (maximum 3, not guests) to the Gardens: 9am—3:30pm.
 - 4:30—6pm, with prior information to mmconcentration@auroville.org.in the latest by 11am on the day of the visit.
- **The Inner Chamber of Matrimandir:** Aurovilians with close family and friends (max. 3, not guests):
 - **Monday to Saturday** (Tuesday morning Closed) 8—8:35am. Arrival 7:45am at the Office Gate with prior booking to mmconcentration@auroville.org.in
 - **Thursday Meditations at sunset with Savitri:** The guests with Aurocard wanting to attend the Savitri meditation on Thursday evening in the Amphitheatre have to book by filling in the form at the address <https://bit.ly/savitri-reading>.

The Petals of the Matrimandir

The Petals are open to Aurovilians, registered Newcomers and Pass holders: **Daily 7—8am, 5—6pm.**

*Antoine
for Matrimandir Executives Team*

AMPHITHEATRE

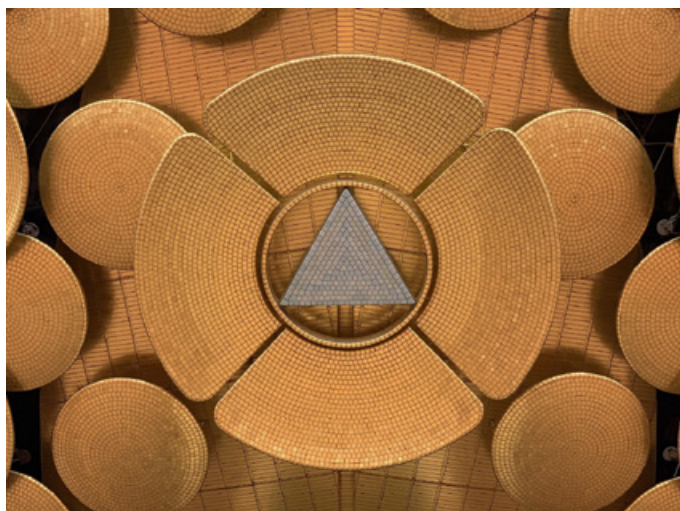
Meditations at sunset with Savitri
6—6:30pm, every Thursday
weather permitting



Savitri, Sri Aurobindo's long mantric poem, read by Mother to Sunil's music are on weekly for everyone to concentrate, in this beautiful open space in the very center of Auroville.

- **Reminder to all:** The Park of Unity is a place for silence, meditation and inner work and is to be used only as such. We request everyone: please do not use cameras, i-pads, cell phones, etc. No photos.
- **Guests with Aurocard** wishing to attend must book at mmconcentration@auroville.org.in one or two days in advance. Please bring your Aurocard with you.
- **Access by Office Gate for the Amphitheatre only** from 5:45pm. Guests are requested to bring along their Aurocards. **Last entry for guests** at 6pm. Access limited for guests to the Amphitheatre
- **Last exit for guests** at 6:45pm.

Velmurugan for Access team

*Lands for Auroville***THE ACRES FOR AUROVILLE****15 August 2025 Newsletter Sri Aurobindo's Birth Anniversary & the start of A4A Year 12**

In 2014, on Sri Aurobindo's birthday, we inaugurated the Acres for Auroville campaign (A4A), a collective unity action to secure and safeguard the lands of Auroville. Our results to date: 187.14 missing Master Plan acres added to 41 Auroville communities, farms, forest areas, and nature preserves. We sincerely thank all those who have contributed to making this progress possible! Our 15 August newsletter shares these results and continues to highlight the commitment of so many Aurovilians and friends to this vital land goal and to the building and manifestation of Auroville!

<https://land.auroville.org/15th-august-2025-the-acres-for-auroville-newsletter/>

1. Acres for Auroville Flier—15 August 2025

Sri Aurobindo's "Five Dreams" laid out his visions for the future—dreams that he said were already in progress as inevitable realizations: "a new spirit of oneness will take hold of the human race" and "a step in evolution which would raise man to a higher and larger consciousness" These visions are the force behind The Mother's creation of Auroville, our collective efforts for manifesting it—and the need for consolidating its designated land. *In English with Version française en pdf ... and Tamil in pdf.*

<https://land.auroville.org/acres-for-auroville-flier-15-august-2025/>

2. LFAU Letter—15 August 2025

The Mother said that Sri Aurobindo's birth is "an eternal birth". Today we celebrate that birth, and also the start of Year 12 of the A4A campaign—the solidarity action which has brought in 187.14 acres of once-missing Master Plan land and is the sole funding source for Auroville's vitally needed land consolidation and protection. In Sri Aurobindo's worldview, the physical world and matter are the basis for the new creation to grow. Support for A4A enables the Auroville creation to grow in and on matter. *In English with Version française en pdf ... and Tamil in pdf.*

<https://land.auroville.org/lands-for-auroville-unified-letter-15-august-2025/>

3. A4A—187.14 Acres & 11 Years Of Consolidating The Land!

The Acres for Auroville land campaign was launched on August 15, 2014 for raising funds to secure, consolidate, and protect the unified land base that The Mother envisaged for the City of Dawn. This collaborative unity action has inspired thousands of donations to address this most essential need—the land for manifesting the Auroville dream! In A4A Year 12, we continue our commitment.

Click for details and photos of some of the new land your solidarity has enabled!

<https://land.auroville.org/a4a-187-14-acres-11-years-of-consolidating-the-land>

4. Uma Prajapati—Finding Meaning and Creativity in Auroville

Uma arrived in Auroville in 1996 for a two-week project at Auromode that has become three decades. A trained fashion designer, after Auromode, she founded the Upasana Design Studio, leading her to the discoveries of fashion as her yogic path, business as yoga, ownership without ownership, bringing consciousness into fashion, and creation of social projects, such as the renowned Tsunamika. Now involved in Land protection and Youth housing, Uma says, "I am a joyful workaholic at the feet of the Divine Mother. I only ask, how can I serve?"

<https://land.auroville.org/uma-prajapati-finding-meaning-and-creativity-in-auroville/>

5. Discovering that Auroville is a Lifelong Living Curriculum—By Lalit Kishore Bhati

With degrees in Architecture and Urban Planning, Lalit interned with the legendary B.V. Doshi and then was part of the team preparing the ISKCON Mayapur urban master plan for 50,000 residents. Since 1998, he has built his life in Auroville with his wife Shailaja and their two children. This Part 1 shares his years of work as a planning consultant at Aurofuture, urban planning coordinator at L'Avenir, and as part of the team developing the Auroville Campus Initiative and the Joy of Learning series. This work, along with Sri Aurobindo's vision, helped shape his integral yoga quest and path towards "a life of wholeness". For Lalit, "Auroville is a Living Curriculum".

<https://land.auroville.org/discovering-that-auroville-is-a-lifelong-living-curriculum-by-lalit-kishore-bhati/>

6. Art for Land Exhibition—"The Inner Awakening and the Outer Expression"

AFL's new exhibition "The Inner Awakening and the Outer Expression"—is based on Sri Aurobindo's futuristic vision of awakened individuals, a spiritualised society and the unification of humanity—visions which have inspired this exhibition's participating artists. With works in various media, the artists, hailing from Auroville, the Sri Aurobindo Ashram, France and Italy, have donated their works to raise funds for Land consolidation and protection via the A4A campaign. Since its start in 2016, Art for Land is now also recognized as a showcase for Auroville's artistic creativity.

<https://land.auroville.org/new-art-for-land-exhibition-the-inner-awakening-and-the-outer-expression/>

7. Inspiring Quotes—"The Chariot of Jagannatha"—by Sri Aurobindo

Here, we share an extract from Sri Aurobindo's little-known essay "The Chariot of Jagannatha": "An ideal society is a vehicle of the Divine, the Divine as the inner soul of collective humanity. ... A society constructed by the mind or created by the impure vital agitations of Prakriti is not the Chariot of God ... but the vehicle of that other many-faced god, the collective ego ... which is the main barrier against divine perfection; this is as true of the collectivity as of the individual."

<https://land.auroville.org/inspiring-quotes-the-chariot-of-jagannathan-by-sri-aurobindo/>

We sincerely thank all the donors, artists, and supporters who have made our past 11 years of land progress for Auroville possible. May we continue on together till the job of Auroville's land consolidation and protection is realized at last!

- **Contact:** lfau@auroville.org.in and +91 413 2622657
- **Donating:** <https://land.auroville.org/new-banking-information/> and <https://land.auroville.org/>

Mandakini

Awakening Spirit

SAVITRI BHAVAN SCHEDULE, AUGUST 2025



Exhibitions

- **Meditations on Savitri:** A painting exhibition of 472 paintings created by the Mother with Huta from 1961—67 is on display in the picture gallery
- **A Bilingual Exhibition on 'Sri Aurobindo:** A life-sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor
- **A Special Exhibition in the month of Sri Aurobindo's Birthday:** The Mother and Auroville. An Exhibition of handwritten messages by the Mother. To remind ourselves about the aim and purpose of Auroville with the hand written messages on Auroville.
 - From 11—30 August @ Square Hall

Films: Mondays, 4pm

- **25 August: Sri Aurobindo & the Earth's Future—From Darkness to Light, Episode 3—The Revolutionary Yogi.** This third episode of the documentary by Olivier Barot relates to Sri Aurobindo's life in Bengal from 1906 to 1910. It explores his active engagement in the Indian freedom struggle, spiritual quest, arrest, experiences in the Alipore Jail, and taking refuge in Pondicherry. Duration: 57min.

In the spring of 1906, Sri Aurobindo toured Bengal with Bipin Chandra Pal, who had just founded the daily newspaper *Bande Mataram*. From its inception, the newspaper fearlessly attacked the oppressive system of the British Government and advocated radical change. It declared complete and absolute independence as the aim of political action in India.

The Nationalist movement in Bengal adopted the word *Swaraj*, self-rule, to express its ideal of total independence. Its newspaper *Bande Mataram* circulated throughout India. *Bande Mataram* also spoke of Indian history and culture, making Indians aware of their country's glorious past and preparing them for revolution. It considered education a central key to India's emancipation. And a few days after *Bande Mataram* was launched, the Bengal National College in Calcutta opened with Sri Aurobindo as its principal.

In reaction to the successes of the Nationalist movement, the British tightened sedition laws and increased sentences. Nationalist leaders and publishers were arrested, including Sri Aurobindo, in August 1907. Sri Aurobindo was released on bail. Rabindranath Tagore visited him and thereafter wrote a poem *Homage to Aurobindo*.

In December 1907, Sri Aurobindo and other Nationalists from all over India travelled to Gujarat for the Indian National Congress session at Surat. There, a vehement clash between the Moderates and the Nationalists took place, resulting in a break between the two factions.

After the Surat session, Sri Aurobindo spent three days with the Marathi yogi Vishnu Bhaskar Lele to get help with his sadhana. According to Sri Aurobindo, Lele told him: "... look and you will see that your thoughts come into you from outside. Before they enter, fling them back.... I saw and felt concretely the thought approaching... and was able to push it back... My mind became full of an eternal silence."

Sri Aurobindo was wondering how to give political speeches with a silent mind. Lele recommended he make namaskār to the audience and wait, and speech would come to him from some other source than the mind. In fact, the speech came, and ever since, all speeches, writings, and thoughts would come to Sri Aurobindo from the source above the brain-mind.

Finally, Lele told him to put himself entirely into the hands of the Divine within. From that time onward, this advice to complete surrender to the Divine within became the foundation and main principle of Sri Aurobindo's Yoga.

For months after that, Sri Aurobindo gave speeches and wrote many articles in the "condition of absolute inner silence", inspiring millions of Indians.

During this time, his brother Barin continued his revolutionary activities. Two young revolutionaries from Barin's group attempted to throw a bomb at the carriage of the merciless and sadistic magistrate of Calcutta. But the bomb landed on another carriage and tragically killed two British women by mistake.

Two days later, on 2 May 1908, Sri Aurobindo, his brother Barin, and other revolutionaries were arrested and taken to the Lal Bazar Police Station and then to the Alipore Jail. About his time in Alipore Jail, Sri Aurobindo stated: "When I was arrested, I did not know that that day would mean the end of a chapter of my life... And when I would re-enter the world of activity it would not be the old familiar Aurobindo Ghose. Rather it would be a new being, a new character, intellect, life, mind, embarking upon a new course of action that would come out of the ashram at Alipore... in the jail I had the Gita and the Upanishads with me, practised the yoga of the Gita and meditated with the help of the Upanishads; these were the only books from which I found guidance..." And Sri Krishna's presence and support were with him throughout his stay in the Alipore Jail.

Sri Aurobindo was also visited by Vivekananda, and Vivekananda "went on teaching and impressed upon my mind the working of the Higher Consciousness.... gave me a clue in the direction of the Supermind. This clue led me to see how the Truth-Consciousness works in everything".

In October 1908, the trial began in the Sessions Court. Chittaranjan Das, a nationalist and a famous lawyer, defended Sri Aurobindo. Highly inspired was his final speech: "My appeal to you is this: that long after this controversy is hushed in silence, long after this turmoil, this agitation ceases, long after he is dead and gone, he will be looked upon as the poet of patriotism, as the prophet of nationalism and the lover of humanity. Long after he is dead and gone his words will be echoed and re-echoed not only in India, but across distant seas and lands. Therefore, I say that the man in his position is not only standing before the bar of this Court but before the bar of the High Court of History."

On 6 May 1909, Sri Aurobindo and more than half of the freedom fighters facing the trial were acquitted. After his release from jail, Sri Aurobindo began two publications, the English weekly *Karmayogin* and in Bengali *Dharma*. Simultaneously, the repression of the freedom movement increased. Sri Aurobindo was considered 'the most dangerous man', and the British Government was determined to imprison or deport him.

At this point, the Voice from within commanded Sri Aurobindo to go to Chandernagore and later to Pondicherry, both French colonies in India. He followed the commands, and finally he managed to board the steamer *Dupleix* which took him to Pondicherry. On 4 April 1910, late in the afternoon, Sri Aurobindo arrived in Pondicherry and remained there for the rest of his life.

This educational film by Olivier Barot is full of less-known facts about Sri Aurobindo's life, and India's Freedom Movement. It also talks about Sri Aurobindo's shift from political activities towards inner work under the divine guidance from within, which resulted in his eventual bringing down upon earth higher levels of consciousness.

[The film is available on YouTube.](#)

Margrit for Savitri Bhavan

Talks of Dr. Alok Pandey

on Sri Aurobindo's Essays on the Gita

- **Wednesdays,**
13 and 27 August,
4—5pm @ Sangam Hall.
All are welcome



Dream Divine Series

This initiative is designed especially for newcomers, aiming to provide a deeper understanding of the Aims and Ideals of Auroville, the Life and Works of Sri Aurobindo and the Mother, and the principles of Integral Yoga. The series will feature interviews, lectures, and presentations by Aurovilians and Ashramites through video documentaries and live talks followed by interactive Q&A sessions. A wide range of topics will cover the richness and diversity of Auroville's vision, life, and reality.

- **22 August, 4—5pm @ Sangam Hall:**
The Theory of Karma: an Aurobindonian Perspective, Talk by Asesh Joshi



Everyone is welcome

- **29 August, 4—5pm @ Sangam Hall:**
Auroville, the Golden Bond: Towards Human Unity
A recorded video.



Exploring the Frontiers of Consciousness: Savitri as a Resource for Scientific and Metaphysical Research

Contemplative study of Savitri exploring consciousness, evolution, space & time.

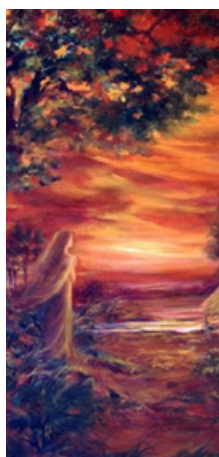
- **Starts 15 and 29 August, 8—9pm IST**
fortnightly sessions

Recorded talks by Shraddhavan, interactive discussions

Open to scientists, philosophers, & researchers from the following fields: space science, quantum physics, neuroscience, metaphysics & more.

Register:

- integral.mathematics0@gmail.com
- savitribhavan@auroville.org.in

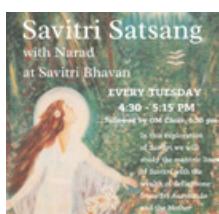


Savitri Satsang with Narad @ Savitri Bhavan

- **Every Tuesday, 4:30—5:15pm**
followed by OM Choir, 5:30pm

In this exploration of Savitri we will study the mantric lines of Savitri with the wealth of definitions from Sri Aurobindo and the Mother.

The Mother's words on Savitri:



"Savitri, the Supreme revelation of Sri Aurobindo's vision."
"... Savitri, that marvellous prophetic poem which will be humanity's guide towards its future realisation."
"... all the rest is preparation, while Savitri is the Message."
"The importance of Savitri is immense. Its subject is universal. Its revelation is prophetic. The time spent in its atmosphere is not wasted."

OM Choir

- **Fridays at 6pm @ Ashram School, Pondicherry**
- **Tuesdays at 5:30pm @ Savitri Bhavan, Auroville**

The voice that chants to the creator Fire,
The symbolised OM,
the great assenting Word. Savitri

Please join us in this collective aspiration, in the form of a united prayer.

All are welcome, no prior singing experience required

OM is the signature of the Lord.

OM: I implore the Supreme Lord.



Regular Activities

- **Sundays 10:30—12pm:** Savitri Study Circle led by Larry Seidlitz
- **Mondays 3—4pm:** How to find the soul—Theory & Practice led by Dr. Jai Singh
- **Tuesdays 3—4pm:** Readings of the words of The Mother on Aims and Ideals of Auroville led by Dr. Jai Singh
- **Tuesdays 4—5pm:** Savitri Satsang led by Narad
- **Tuesdays 5:30—6:30pm** OM Choir led by Narad
- **Mondays to Saturdays 3—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Thursdays 4—5:30pm:** Reading Savitri in Russian with Anatoli
- **Fridays 3—4pm:** Reflections on 'Release of Ego' part 2 of Ch.9 from The Synthesis of Yoga led by Dr. Jai Singh
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library** is open Monday to Friday 9am—5pm

Margrit & Dhanalakshmi
for Savitri Bhavan

PEBBLE GARDEN PRESENTATION

Saturday, 23 August, 10am - 12:30pm



Join us for an informative presentation about our work at Pebble Garden.

- Register here: <https://forms.gle/rZPHmyhSjWYdz8rDA>

Note: Wear comfortable clothes and shoes for a light walk around.

Bernard and Deepika

LABORATORY OF EVOLUTION LIBRARY



Focused on the evolutive vision, work of Sri Aurobindo & The Mother. Many related subjects from Traditional knowledge: Religion, Esotérisme, Contemporary Sciences, New Physics, New Biology, New Dimensions, NDE Body Consciousness, Health... etc.

You can find there the complete works of Sri Aurobindo & The Mother in many languages, books written by Ashram Disciples & Aurovilians. Also documents related to Auroville, books, CD & DVD, films & lectures.

- **Open Monday to Saturday 9am—12pm**
Tuesday & Friday 2:30—4:30pm
- Open for Aurovilians, Newcomers, Volunteers, & Guests
- LOE Library is now **located at Horizon**, in front of Sve Dam, on the right side of Lorenzo's building.

Kalyani

PAVILION OF TIBETAN CULTURE: EXHIBITION

**on Dalai Lama
and Auroville—Three Memorable Visits
(1973, 1993 & 2009)**

On the occasion of the 90th Birthday of His Holiness the Dalai Lama, the Pavilion of Tibetan Culture presents an exhibition on "Dalai Lama and Auroville—Three Memorable Visits (1973, 1993 & 2009)"

- **Open every day except Sunday.**

Starting right from Auroville's inauguration day in 1968, when soil of Tibet was put into the urn by a young Tibetan girl, continuing in 1971, when the Mother took 12 Tibetan children into the Auroville school and in 1973 when the Dalai Lama spent two days in Auroville and Pondicherry (on January 17, he met the Mother in the Ashram), the exchanges between the community of Auroville and Tibetans have been frequent and regular.

In December 1991, the Pavilion of Tibetan Culture became a unit of Auroville Foundation through a resolution of the Governing Board under Dr Karan Singh and Dr Kapila Vatsayan, the famous Art and Tibetan scholar.

In January 1993, His Holiness agreed to be the Patron of the Pavilion. Later in the year, he came to Auroville to lay the Foundation Stone of the Pavilion and in January 2009, he returned to inaugurate the building.

I appreciate the development occurring constantly

I pray this place will be of immense benefit to others.

*His Holiness the Dalai Lama
in the Matrimandir's Guest Book, January 20, 2009*

*Kalsang
for Pavilion of Tibetan culture*

**Bharat Nivas presents
A WEEKLY STUDY CIRCLE**

A weekly study circle on
The Synthesis of Yoga
- Sri Aurobindo

By Deepti Tewari
4:30 pm - 5:30 pm
Every Tuesday

Venue :
Resource Library,
Bharat Nivas, Auroville

BHARAT NIVAS
Scan for Location




Monisha

BRAHMANASPATI KSHETRAM

BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

Work only for the Divine

No.3/134, Kalathu Mettu Street
Edayanchavadi, Auroville
kshetram2014@auroville.org.in

Calendar of regular events of August 2025

Every Tuesday 6:45 - 7:30pm
Savitri Reading

Every Thursday & all Sri Aurobindo Ashram
Darshan days 6:00 - 6:30pm
Meditation

Every Friday 6:00 - 7:00pm, reading
"The Mother's Questions & Answers- Vol-7"
in English

8th, Friday at 7:15 - 7:45pm full moon, reciting
Sri Aurobindo's Gayatri Mantra




Rajan

Education

FREE AI MASTERCLASS FOR ALL

AI CLASSES ARE BACK!
Restarting with fresh energy

FREE

• Prompt Engineering
• Generative AI (GenAI)
• AI Development
• Data Science

• Every Saturday: 10am to 11am
• Location: Hive, Auroville

Registration: RSVP to +91 9886740850
Join us on this journey once again




Are you looking to transform your future and career with AI? Come Join our Free AI Masterclass at Hive Coworking Space facilitated by S.M. Pandi Subramanian, founder of Enthiram.AI, with over 20 years of pioneering work in AI innovation and solutions.

Open for all, no prior experience needed.

+91 9886740850, Dhesh

ILAINARKAL EDUCATION CENTRE

Vanakkam! In line with our motto—**Supporting the workers and children of Auroville through shared learning and holistic empowerment**—we invite you to engage with our team of resource experts. As part of our Further Learning Programs, these specialists help strengthen vocational skills— from tailoring and craftsmanship to wellness and cultural arts—and foster holistic development across our learning community. Please feel free to share this information with your teams, workers, and networks across Auroville to co-create research-based initiatives for the future of Auroville as envisaged by The Mother.



Activities

Name	Expertise	Availability
Anandou	Yoga & Wellness; Spoken English	Monday—Saturday Afternoons, 3:30—6pm
Drupad	Performing & Visual Arts Specialist	By appointment
Harshini	Women & Children Welfare Consultant	By appointment
Monika	Bharatanatyam Dance Instructor	Sundays, 3—4:30pm
Prabha	Tailoring & Textile Design Mentor	Monday—Friday, 9—3pm
R. Meenakshi	Tamil Culture, Poetry, Language & Village Social Dynamics	Thursdays Session 1: 3:30—4:30pm; Session 2: 4:45—5:45pm
Ramesh Karunakaran	Editorial Support; Tamil Language Typ- ing & Tamil Poetry	By appointment
Sivakumar	System Design & Research in Tech- nology and Social Entrepreneurship	By appointment
Vatchala	Library In-charge & Reading Circle Facilitator	Monday—Friday Mornings, 10am—12pm

To Enroll: Please call us at 0413 2623773
to book your slot in advance.

Sivakumar & R. Meenakshi for IEC

SUPPORTIVE LEARNING SATELLITE:

SLS team

We are happy to share with the entire Auroville community that the Supportive learning Satellite (SLS) is now becoming an official unit under SAILER. Our service began in 2015 under the umbrella of the Teachers' Center, SAILER.

Currently, we are a team of five facilitators, working with children either in small groups or through individual sessions, depending on their needs.

Supportive Learning Satellite offers support to all children, regardless of the educational system they are part of. Our aim is to provide individual attention, continuity, and follow-up.

Specifically, we support:

- Children requiring specialized education and IEP/ICP (Individual Educational or Counseling Plans)
- Students facing specific learning challenges such as ADD, ADHD, ASD, ODD, Dyslexia, Dyscalculia, and other learning difficulties

The support provided may focus on:

- Academic or behavioral aspects. Referrals for children requiring further medical support or assessment
- Advise and help to implement family support
- Giving ongoing advice and training to administrators and teachers in Inclusive Education, learning difficulties, and Neurodiversity
- Please contact us: 9655519546, sls@auroville.org.in

Ana and Laura
for SLS Team

LEARNING SPACE OPENS DOORS FOR KIDS

of guests, volunteers and newcomers

Aarambham Learning Space is open for children of guests, volunteers, and newcomers of Auroville. Learning Space is an initiative of SAILER, offering a space for orientation, integration, and exploration of Auroville before school enrollment. As well as preparation and adaptation of new students of age from 6 to 12 for the Integral Education model of Auroville schools. A team of facilitators experienced in arts, personalized academic activities, physical education, awareness fostering is ready to receive new students.

Our additional weekly activities outside and inside of the campus will include visits to Matrimandir, units and communities of Auroville, classes of practical skills, story creation and forest exploration.

- Drop off time 8:15 to 8:45 am
- Pick up time 3:30 to 4:40 (depending on the age of students)
- Lunch and snacks are provided.
- We are able to host 10 to 20 students.
- Standard Auroville schools fees apply.

Aarambham located at the former TLC base camp, near Dehashakti, in the natural surroundings of Baraka forest.

Parents of students are welcome to participate in various ways. For admission/visit, please make an appointment at aarambham@auroville.org.in.

Alexey for Aarambham
Learning Space team

TUITION CLASSES AVAILABLE

- Tuition classes available from 1st to 12th grade level in all subjects.
- Crash course available for 10th and 12th grade level.
- For further information contact ashree@auroville.org.in/ 8270512606 WA only.

Ashwini

SATORI:

Educational services

- Physics and Chemistry CBSE grades 11—12;
- Edexcel IGCSE and International Advanced Levels (grades 9—12).
- Mathematics 7—8 grades as preparation to high school science.
- Exam preparation through knowledge and understanding.

Sergei, 9442934078,
satori.auroville@gmail.com

Health Care

AURO PERFECT VISION—FOCUS IX



Auro Perfect Vision

(An Initiative of Aurokya in collaboration with The School For Perfect Eyesight)

FOCUS

Eye Yoga & Wellness Retreat-IX

Date: August 27 - 31, 2025

Time: 2:00 PM- 3:00 PM

Place: Progress Hall, Bharat Nivas

Rejuvenate Your Visual System

For Registration & Details



Give your eyes the care they deserve. It's time to focus.

Experience a 5-day journey of natural eye care and wellness. Through guided eye exercises, relaxation techniques, and breathwork, this retreat is designed to refresh your eyes, reduce strain, and support your overall visual well-being.

Open to all. Limited seats—register early

For registration and details, scan the QR code

- or [click on link](#)

Aurosugan

TIBETAN DOCTOR VISIT

This is to share with you that the Tibetan Doctor and the team based in Chennai, MenTsee-Khang are visiting us on:

- Thursday, 28 August, 2—5:30pm
- Friday, 29 August, 8:30am—1pm & 2—5:30pm
- Saturday, 8:30am—1pm

The consultation is held @ Pavilion of Tibetan Culture, International Zone Auroville.

To get your appointment:

- 0413 2622401 phone or 8489067332 WA.

Submitted by Kalsang



ADDICTION RECOVERY SESSIONS

@ Maatram

Every Tuesday, 3:30—4:30pm

@ Maatram, 1st floor, Arka

In addition to our Regular Therapy Sessions, we are adding another weekly walk-in session on Addiction Recovery.

These sessions are suitable for any kind of addiction including addiction to substances such as alcohol, cigarettes, tobacco, marijuana, coffee, sweets and addictive behaviours related to use of smart phones, social media, video games, eating, porn and gambling.

Raam & Palani



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday, 8:30—12pm
- No sample collection on Saturday

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor Consultation with Dr. Joseph, Dr. Pavan & Dr. Sana: Monday to Saturday	Nurse Care Thilagam, Ezhil, Archana & Sandhya, Daily: no appointment needed
Ayurveda with Dr. Be: Tuesday/ Wednesday/ Friday	Integrative Psychotherapy with Juan Andres: Monday to Friday (11 August onwards)
Physiotherapy & Massage with Galina: Monday—Friday	Homeopathy with Michael: TOS
Midwifery & GYN Care with Paula: Monday & Wednesday	Soundbed Session with Sandhya/ Thilagam: Monday to Saturday
Bio-Well Assessment (Evaluation of your well-being) with Helena— inquiry email: adminsante@auroville.org.in	

In Santé, we value our patient's confidentiality & make every effort to ensure their privacy. In case of cancellation or to reschedule, it is necessary to inform us in advance.

New Orthopaedics Special Consultation @ Santé

- Every Saturday, 3—4:30pm

We are excited to inform you that **Dr. Sanjay K Pal** (Orthopaedic Surgeon—Bone, Joint, Spine Specialist) with over 45 years experience, graciously offered to provide his services & Consultation at Santé & will be available every **Saturday from 3—4:30pm** starting from 9 August 2025.

Anyone with Bone issues, Bone Fractures, Minor Accidents, Joint Pain/Arthritis/Injuries of Knee, Hip, Shoulder, Ankle, Wrist, Back Pain, Neck Pain, Weak Bones/Osteoporosis, Postmenopausal bone problems etc can consult him at Santé. Please bring your discharge papers and images if any.

- You can get an appointment by calling Santé reception at 2622803 or write to sante@auroville.org.in

Dasha for Santé Services, sante@auroville.org.in, <http://sante.auroville.org.in>

AURODENT DENTAL CLINIC

Expert Dental Scaling for a Healthier Smile
10% Off in August!

Performed by experienced dentists using European-standard tools.

Offer Details:

- Open to all Aurovilians and Guests
- Valid until 31 August 2025: 10% OFF

For Appointment:

- +91 9629199328 WA, 0413 2622063 landline
- aurodent@auroville.org.in

Working Hours:

- Monday to Friday: 9am—5:30pm
- Saturday: 9am—1pm @ Auromode



Jayasutha

CHILDBIRTH AND PREGNANCY EDUCATION

Morning Star offers education to expectant parents about conscious pregnancy, childbirth and parenting. Classes are conducted

- In both English and Tamil
- Every Wednesday, 5—7pm
- @ Creativity—Hall of Light.

Classes include gentle body movement, educational topics related to pregnancy including Birth plan, Birth without fear, Stages of labour, Partner role & comfort measures during labour, Breastfeeding, Father's role and Postnatal & newborn care.

We invite all expectant parents—Aurovilians, Newcomers, Volunteers, Staff and couples from the Bio region to join us.

If you would like more information or to join the class, please contact Savithri through only WhatsApp +918940571774 or email us at morningstar@auroville.org.in

Paula for Morning Star Team



WEEKLY BABY SUPPORT CIRCLE

Every Wednesday, 9am—12pm @ Lilaloka

Hello, wonderful parents! Join our Weekly Baby Support Circle hosted by Lilaloka!

We warmly invite you to our Weekly Baby Support Circle, a nurturing space created especially for parents of newborns to one-year-olds. Come as you are, connect with other parents, and celebrate the journey of raising your little one. Here's what to expect:



- Heartfelt Connections:** Share your joys, challenges, and stories with other parents who truly understand.
- A Safe Haven:** A welcoming, nonjudgmental space for growth, encouragement, and community.
- Inspiring Sessions:** Special guest speakers to guide and support you on topics that matter most.

We can't wait to welcome you and your baby into this circle of love and support. Let's grow together!

Rotem

SERVICES PROVIDED

This is Sruthi, 27 years old, an Aurovillian born and brought up in Auroville. I have completed my Masters degree in Physiotherapy (MPT) and I am specialised in Orthopaedics. I am ready to provide home care visits at your place.



Neck pain, Low back pain, Knee pain, Heel pain, Frozen shoulder, Shoulder related pain, Muscle injury, Ligament injury, Sprain and strain, Sports injuries, Sciatica, Post fracture/ surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice, Geriatric care, Myofascial massage (Head&Neck/ Back)

- Pain is a sign that has to be taken care of.
- Kindly get in touch with me if you need my service.

+91 7904769496 WA, auroshruthi@auroville.org.in

Sruthi Sundaram

MARIKA HOME:

Company to the seniors needed

We are looking for a person who likes to be on one or two afternoons per week for two hours, 2:30—4:30pm in Marika Home, Samasti, opposite Pitanga, to give company to our seniors.

- If you would like to try this, please contact 9787626452.

Mechtild

International

Unity Pavilion presents UNITY PAVILION REGULAR EVENTS

Day Time	Venue	Event Details
Mondays, 6pm	Hall of Peace	The Synthesis of Yoga —Reading Circle by Debashish.
Tuesdays, 5pm	Hall of Peace	12 Qualities and the Mother's Symbol by Jaya: A deep exploration of The Mother's Symbol and 12 Qualities that embody the path of inner transformation.
Wednesdays, 5:30pm	Unity Hall	Sound Bath by Svaram—Experience the gentle power of sound as it flows through you, bringing balance, deep relaxation, and inner harmony.
Thursdays, 3pm	One-ness Hall	Tao of Tea—Sencha Style Tea Ceremony by Isha—A conscious and immersive experience of tea's spiritual and healing power, nourishing both body and soul.
Thursdays, 5pm	Hall of Peace	Silent Meditation by Pierre—Tune into your psychic self and experience deep inner peace and calm for awakening within.
Fridays, 5pm	Unity Hall	The Flow: Chakra Meditation by Sergei & Preeti—Awaken your inner energy and activate your meridians and chakras through sound, mantras, and frequency for deep healing and balance.
Saturdays, 10am	Garden	Kids Art Class by artist Janakiraman—A playful exploration of watercolor techniques for children.

Priya for Unity Pavilion

ART FOR LAND: Inner Awakening and Outer Expression 10 August—7 September @ Unity Pavilion



Art for Land 2025 presents "Inner Awakening & Outer Expression" celebrating handcrafted expressions in textile, art, and sculpture, as an artistic tribute to Sri Aurobindo's birthday.

Inspired by Sri Aurobindo's Four Austerities—Knowledge, Love, Power, and Beauty—and the vision of his Fifth Dream, this exhibition brings together textile works from the Sri Aurobindo Ashram, Auroville-based units To Be Two and Hibiscus Heroes, and other artists whose inner Tapasya (spiritual practice) finds form through powerful, creative expression. The exhibition invites viewers to witness this inner-to-outer movement: how silence, practice, and aspiration are transformed into colour, form, and texture.

We warmly invite you to visit the exhibition!

Priya for Unity Pavilion

UNITY PRINTS

23 August, 10am—1pm



Cyanotype is a photographic printing process that produces striking blue prints using a light-sensitive solution. This technique dating back to the 19th century is popular for artistic prints, botanical studies, and creative photography.

Take home a Print process guide and your own blueprints of the day on paper and fabric.

- Guests: Rs. 1500, Aurovilians, Newcomers & Volunteers: Rs. 500. Includes material cost.

Registration Required: Kalaivani +91 8600026603 WA

Priya for Unity Pavilion

French Pavilion presents

@ Pavillon de France, opposite the Visitor Center

BOARD GAMES

Wednesdays, 4—5:30pm



French Pavilion welcomes you every Wednesday, 4 to 5:30pm for Boardgames.

Come to relax and have fun, meet new friends and test your creative thinking by playing board games at the French Pavilion! For all ages, languages and levels.

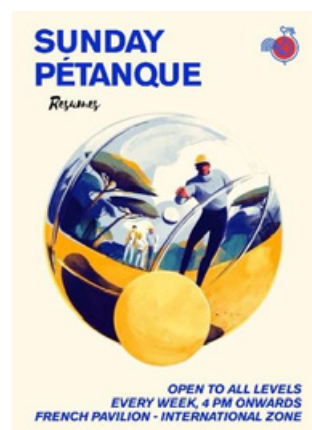
Vivekan

SUNDAY PÉTANQUE

Every Sunday, 4—5:30pm

Sunday pétanque is back!

Discover or rediscover pétanque, a classic French game of skill and strategy, played by throwing steel balls at a small wooden ball called a 'cochonnet'. Played in teams on flat ground, it requires skill, strategy and precision. Open to all levels, it's a great way to socialize while having fun. Come and share a convivial moment and bond with others in a relaxed and welcoming atmosphere!



Submitted by Vivekan

Youth Initiative

JOIN US FOR QUEER BABBLE:
A conversation based card game
 Friday, 22 August, 5:30—7:30pm
 @ Youthlink office, Town Hall



Join us in our Youthlink office in Town Hall to celebrate togetherness and make new friends! All that you need is a snack to share and your beautiful self to play a unique conversation based card game to get to know like-minded people and expand your social circles!

We can't wait to see you all!

Onyx for Youthlink

Theatre, Music & Arts

ASCENT TO TRUTH
A play by the Mother

22, 23 & 24 August, 7pm @ Matrimandir Fountain
 Please be seated before 6:50pm
 Gate will be closed at 6:50pm

We begin with Sri Aurobindo's poem One Day and conclude with lines from Savitri.

This play, written by the Mother, is not a conventional one. There are no plots to explore, no mysteries to solve, no dramas to unravel, no scenes meant to wake up emotions. In Her simple and direct language, it's more like a mirror, putting us in front of our fears, insecurities and attachments.

Archetypes of us, humans, the 12 characters are in search of a high ideal, each one at a different level of inner commitment to that ideal, each one showing its own limits, mostly its attachment to the past and what it represents. The mind, always ready to justify one's actions, is ready with explanations and excuses that clearly reflect one's inner conflicting choices.

This inner journey is symbolised by an ascent towards the summit of a high and steep mountain, challenging the seekers at each turn. One by one they drop out, leaving at the end only two people, the true aspirants, with courage enough to brave every difficulty, to face the unknown, having faith as their only guide and strength.

And then they are led to a new world. Truth, Beauty and Light envelop them, and their achievement makes the whole life shift.

The play concludes with lines from Savitri, from Book Eleven, The Book of Everlasting Day, in which the quality of what could be this shift is described.

Participants: Aryamani, Srimey, Joy, Otto, Nidhish, Anandamay, Deven, Dwarika, Surya, Mike, Vaishnavi, Shaily, Sanjana, Aurelio, Riccardo, Ashwin.

Aryamani



DOMINIQUE DARR GRANT EXHIBITION

15—23 August

Opening on Friday, 15 August, 4:30pm

Centre d'Art created the Dominique Darr Grant to enable young artists to hold an exhibition at Centre d'Art. Photography and video are the main medium used, in tribute to the profession and passion of Dominique Darr.

The collective exhibition will show the work of the 5 artists selected, who worked on the theme of the first edition: "The Sun, the Moon and the Truth, three things cannot be long hidden".

- Anantini—Brother
- Simran—Impermanence
- Aadi and Balaji—Identity Crisis
- Arati—Remenior
- Bhavyo—Where the Indian Roots Lie

In the proposed projects, the artists interpreted the theme in very different ways, but all of them captured the essence of the inscrutability of truth and will present their distinct visions of the perception of reality.

- Tuesday—Friday, 2—5:30pm
- Saturday, 10am—12:30pm, 2—5:30pm
- Morning by appointment

Marco

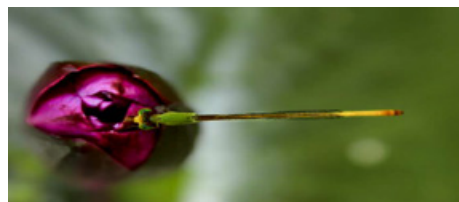
PHOTO EXHIBITION BY SATTVA

**Little Creatures
 & Birds in our Backyard**

8—30 August, Monday to Saturday

8:30am—12pm and 2:30—5:30pm, @ Pitanga

"I would like to welcome everyone to this combined exhibition of two separate photo series—'Little Creatures' and 'Birds in Our Backyard'."



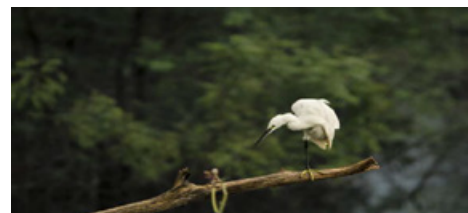
I'm a seventeen-year-old amateur photographer and my work mostly covers Nature, Culture and Community Life.

The first four years of my life were spent right here in Auroville before I moved with my family to a sustainable farming community outside of Tiruvannamalai where I currently live.

Over the years I've been inspired by the natural beauty of both places. Immersion in the intricacies of the natural world from an early age fuelled in me an avid interest in ecology, conservation and birdwatching. These interests have had a profound impact on me, and one of the ways I engage with them is by using photography as a medium through which to explore and share facets of the wonderfully wild world around us.

These twenty-four moments frozen in time aim to bring our attention back to dramatic, beautiful and sometimes alien scenes that play out largely unnoticed around us!

I hope you enjoy them." **Sattva**



"Two photo series that present an intimate look at the natural world around us. Familiar yet alien; beautiful, dramatic & delicate."

Anandamay

TUK, TUK, HURRA: PHOTO EXHIBITION BY TUKSOUTH

8am—5pm @ Aurelec Restaurant & Art Gallery

When four Kenyans lose their jobs due to the coronavirus, they scrape together their last savings, buy two TukTuks, drive towards Cape Town, make funny videos, and raise money for Africa's Wildlife Rangers.

The "Tuk South" project represents the spirit, courage, and freedom of a crazy adventure. Armed with two eight-horsepower Piaggio TukTuks and no schedule, Jasper, Ivo, Josh, and Robby guided their workhorses, named "Princess Buttercup" and "Wesley," past elephants and smoking stratovolcanoes, navigating through jungles, savannas, and the Kalahari and Namib deserts, documenting the lives and work of the rangers for a feature-length documentary. Their destination? Cape Town, South Africa, where they arrived after two and a half years.

By Franz Fassbender



TOUCHING THE SUBLIME

Ongoing till 23 August @ MAJI, Maroma

An exhibition celebrating creativity rooted in Auroville and Pondicherry. *Touching the Sublime* celebrates works of exceptional quality and depth, inviting viewers to pause, reflect, and engage with beauty in all its forms. It is a must-visit experience for anyone interested in the vibrant creative spirit of our bioregion.

About MAJI

MAJI is a cultural initiative by Maroma, a globally trusted brand that has been crafting natural wellness and fragrance products in Auroville for nearly 50 years. Through MAJI, Maroma extends its purpose beyond products—offering a platform for creative expression and artistic collaboration.

Curated by Supriya Menon Meneghetti, a ceramic artist and curator, the exhibition brings together diverse artistic voices rooted in sustainability, spiritual inquiry, and cultural harmony. Featuring ceramics, art candles, and paintings, this thoughtfully curated show offers a visual dialogue between nature and form, inner and outer worlds, tradition and experimentation.

As MAJI continues to grow, it seeks to amplify Auroville's artistic expressions while engaging in a larger global dialogue around conscious art, aesthetics, and community.

Sagarika, Gallery Manager



We offer classes for almost all age groups:

- **Toddlers' dance initiation** from 4 to 5 years old, every Monday, 2:30pm
- **Children' ballet class** from 6 to 8 years old, every Saturday, 9:15am
- **Tweens' ballet class** from 10 to 12 years old, every Saturday, 10:30am

Contact Fleur for enquiries: +91 9600225764

Fleur

AUROVILLE TANGO

@ Harmony Hall, Bharat Nivas

New batch starts the first week of each month

- **Monday:**
7-Introduction to Tango
8-Improvers
- **Wednesday**
7:30-Guided Practica
8-Long Practice

No partner required.

Bring socks or dance shoes.

And plenty of joy!

- +91 9821166082,
tango@auroville.org.in



Maud

DANCE CLASSES BY MANI

Choose your Dance:
Bachata, Kizomba, Salsa, Tango
Register now: +9186376 33696

Salsa Dance

@ New Creation dance studio

- Tuesday:
Salsa class, 6:30pm
- Saturday:
Workshop, 7pm

@Bakisata_dance



Tango Dance @ CRIPA

Monday

- Beginner,
6:30-7:30pm
- Intermediate,
7:30-8:30pm

Friday

- Workshop, 6:30-7:30pm
- Open practice, 7:30-8:30pm

Contact: +91 8637633696



Mani

DANCE WITH DANIEL

Open Style

- Saturday, 4:30—6pm @
CRIPA Small Hall

Hiphop

- Sunday, 5:30—7pm @
Harmony Hall, Bharat Nivas

Contacts: +91 2557732584

- Instagram: @daniel.hel-man.lee

Daniel Lee



Dance Activities

NEW REGULAR SESSIONS OF DANCE FOR CHILDREN

@ New Creation Dance Studio!



Music & Art Activities

SVARAM ACTIVITIES

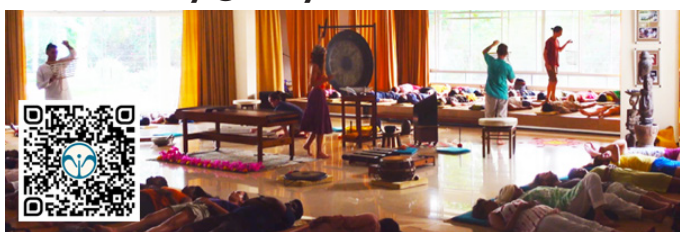
Sound Healing Session



This 45-minute Sound Healing Session is designed to help you reconnect with your natural state of well-being. It offers a supportive impulse for self-healing and balance, guided by a certified sound practitioner.

- **By Appointment Only**
- Available Sessions:
Solo, Duo or Group
- For details and booking:
<https://svaram.org/sound-healing-sessions/>

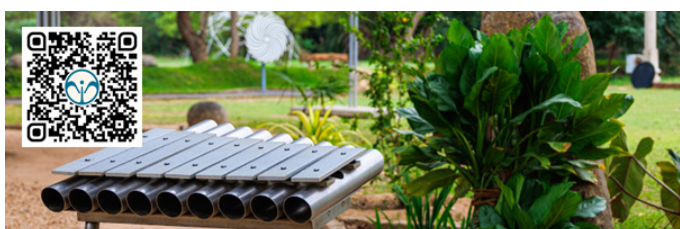
Sound Journey @ Unity Pavilion



We are back for our 2025—2026 Season!

- **Every Wednesday from 6 August, 5:30—6:30pm**
- For details and booking:
<https://svaram.org/sound-journey-unity-pavilion/>

Sound Garden Tour



These unique spaces invite people of all ages to reconnect with themselves, nature and sound.

- **Monday—Saturday, 10:30am—4:30pm,**
- **Sunday 10:30am—12:30pm**
- For details and booking: <https://svaram.org/sound-garden-art-installations/>

Aurelio for the SVARAM Team



Weekly Art Workshops & Sessions

- **Watercolour Painting Workshop** by Sathya
 - Every Monday, 5—7pm.
- **Life Model Drawing Session:**
 - Every Tuesday, 5—7pm.
- **Live Portrait** by Sathya:
 - Reach out to schedule a session.
- **Open Studio:** A space for everyone to explore their artistic potential: Every day, 9am—5pm,
 - Contact Abi: +91 90420 58981.

For info contact Sathya: +91 9486145072, sathyacour@auroville.org.in

Sathya for CREEVA Art Studio, Creativity

Sports & Martial Arts

BHARAT NIVAS PRESENTS

Kalaripayattu Regular Class

- **Monday to Friday**
 - **Morning: 6—7am, Evening: 5—6pm**
- @ Bharat Kalari, opp. Sri Aurobindo Auditorium



Regular Silambam Class

- **Wednesday & Saturday, 5—6pm @ SAWCHU**



Monisha for BN Team

KSHETRA KALARI @ ASPIRATION SPORT GROUND

- **Kalari Classes for Beginners**
 - Morning classes: 6:30—7:30am
Monday, Wednesday, Friday
 - Evening classes: 5—6pm,
Tuesday, Thursday, Saturday
- **Kalari Classes for Advanced People**
 - Morning classes 6:30—7:30am
Tuesday, Thursday, Saturday
- **Kalari Massage Available**
 - By appointment, 9042009200



Maneesh

AIKIDO CLASSES

@ Auroville Budokan, Dehashakti

Aikido is a martial art created in the 1920s by Morihei Ueshiba, a master in traditional Japanese martial arts. Aikido is a path which aspires to the unity of mankind, the unification of the self with the universe, the union of Spirit and Matter. The Auroville Aikido group always welcomes new practitioners, Youth and Adults, and those who would like to revive their abandoned practice!



Changes regarding Aikido activity

Monday to Friday:

- **Adult class:** 6—7:30am
- **Children class:** 3:50—4:50pm

Saturday:

- **Advanced:** 6—8am
- **Weapon:** 8—9am

We also started a new activity named **Aikitaïso** it's a body practice based on Zen movement and Aikido body preparation. Perfect for everybody who want to feel more grounded.

- **Monday to Friday:** 8—9am
- **Friday:** 5:15—6:15pm
- **Saturday:** 9—10am

8300643963 WA, Philippe G.
9952812843 WA, N. Murugan,
+ 33622053932 WA Michaël B.

MOVING MEDITATION TAICHI & QI-GONG

Taichi is the art of change. Learning how to drive your energy. It is a mental & physical training method.

- **Monday:** Taichi, 5:15—6:15pm
- **Tuesday:** Qi Gong, 5:15—6:15pm
- **@ Budokan, Dehashakti**

Facilitated by Jiseong Park. No registration required



*Jisung
on behalf of Youthlink*

AUROVILLE FUTSAL football club

Futsal is played on a much smaller court, it is more fun and intense, with more opportunity for goal scoring.

We play futsal in Dehashakti,

If you like football/ futsal and you want to learn, play and have fun, come and enjoy with us!



Girls all age/ level are playing

- **Mondays and Wednesday, 5pm**
- **Please contact Balaji:**
8940224950

Boys 16yo+ are playing

- **Tuesdays and Fridays, 5pm**
- **Please contact Beber**
638563 5943



Submitted by Beber

ABHAYA MARTIAL ARTS



Abhaya Martial Arts is proud to have trained over 500 students of all genders, ages, and experience levels. We've hosted expert Muay Thai coaches, Brazilian Jiu-Jitsu (BJJ) black belts, and introduced our students to a range of transformative practices. Our team has participated in national competitions and begun awarding official belts and degrees recognized by the **Shou Dao School**—a martial arts academy acknowledged by the Olympic Committee.



Our regular classes for adults @ 5:30pm

- **Monday:** MMA/Grappling with Coach Giacomo
- **Wednesday:** MMA/Grappling with Coach Giacomo
- **Friday:** MMA/Muay Thai/K1 with Coach Ruben, Coach Tanguy and Coach Giacomo

Please note:

- Contribution required
- Be punctual. Short nails, sportswear and no jewelry
- Stay home if you're unwell or have open wounds

For updates and participation: +91 9487340778 WA msg.

Brazilian Jiu-Jitsu classes for kids!

- **Tuesdays & Thursdays, 3:30—4:30pm**
for kids aged 4 to 13, @ Dehashakti Gym
- Contribution required

Send your child in sportswear, with a water bottle—and a big smile!

Classes are led by **Monica**, an experienced assistant instructor beloved by the kids. At Abhaya, we teach Brazilian Jiu-Jitsu in a **non-competitive way**, focusing on **discipline**, **self-control**, and a solid, practical foundation in martial arts. BJJ is one of the most effective real-life self-defense systems and is proven to enhance **cognitive skills** and **fine motor development**, especially in young children.

- **For more info or to join the kids' WA group:**
+91 84480 77070

Giacomo for Abhaya

THE ART OF CHI: Stevanovitch Method Classes with Hans

Tai Chi Quan & Chi

- **@ Dehashakti outside**
- **Tuesday and Friday,**
- **6:30—7:45am**

Body awareness & Relaxation

- **@ Budokan Dojo, Dehashakti**
- **Wednesday, 5—6:15pm**

For more info:

- 8110848123 WA.



Submitted by Hans

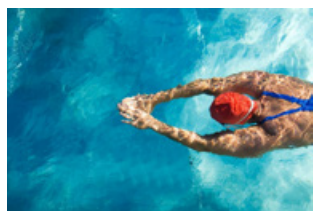
MORNING SWIMMING CLASSES FOR CHILDREN

Limited spots available!
Tuesdays & Thursdays, 6:30am—7:30am
@ La Piscine

- Group classes for Aurovillian kids aged 11 to 15 years
- Safe and fun environment with professional guidance

Build confidence, improve technique, and enjoy the water!

- **To enquire:**
+91 8940 288090 WA



Sonia and Ana

SWIMMING CLASS

Swim to Serenity: Waves of Strength!

- Water therapy
- Open water
- Oceanic Water dance
- Water movie
- Swimming in pool

@watersport_mani

Book now:

- +91 8637633696

Package swimming class



Mani

Bioregion & Nature Activities

SADHANA FOREST: PLANT BASED SATURDAY

Every Saturday

Join us every Saturday for a day of connection, learning, and delicious plant-based food! Whether you're curious about sustainable living, enjoy spending time with cows, or want to explore new recipes, we'd love to have you with us.

Schedule:

- 09:00 Breakfast
- 10:00 Cow Connection
- 11:00 Plant-Based Cooking Class
- 12:30 Talk on Diet & Nutrition
- 18:00 Dinner

You're welcome to join for the whole day or just a part of it, all offered to you as a gift from Sadhana Forest free of charge.

Aviram

ENLIGHT



Bioregion Tour



Canyon Tour



Forest Walk



Cooking Class



Fireside Drumming



Painting Workshop



Bamboo Workshop



Wood Joinery Workshop



Pottery Workshop

ENLIGHT

+91 76398 10621/82700 71581/0413-2963034
enlight@auroville.org.in / www.enlight.org.in

Arun, Anand and Balaji for Enlight Team

SOLITUDE FARM ACTIVITIES



Saturday Free Farm Tour! Be a part of a weekly farm tour to learn where your food comes from. Free guided farm tour only on **Saturdays, 11:30am**. For the larger group (5+) and private bookings, there is a separate charge.

- Please email us at: solitudepermaculture@gmail.com

Education at Solitude Farm is all about reconnecting with local food. Local food is our nutritional heritage and at Solitude we help bring awareness and adoption of locally grown produce in our daily lives. Workshops at Solitude:

- **3 days Intensive Permaculture Weekend Workshop**
 - View schedule and book here: <https://solitude.farm/workshop/>

Join us on a road back to nature with this intensive and hands-on workshop that will empower you to start growing your own food and gain insight into knowing where your food comes from. Explore the principles of permaculture; mulching, rotations, intercropping, understand the steps to create a food forest, start a nursery, make your own soap and recycle your waste water, learn about seed saving and lots more.

- **Mini Permaculture Workshop**

- Please email us: solitudepermaculture@gmail.com for the booking.

We offer mini permaculture workshops as private bookings for the group size 4 + participants. Duration: 2 hours. The group can select any workshop module mentioned below.

- **Introduction to permaculture through local food:** Solitude Farm is a true example of Masanobu Fukuoka's philosophy in practice—a road back to nature through eating local food. In this workshop explore the wide diversity of plants that grow around us, their countless benefits, and delectable taste and even learn how to make your own vegan sushi, salad and coolers!
- **Handmade Soap-Making:** By revaluing papaya seeds, neem flowers and sourpaw leaves, create your own natural soap and recycle waste water to grow your own food. We'll show you how to pack your soap in banana leaves and inspire you to cut out packaging with simple, creative ideas. The soap is yours to take away!

Farm Fresh Basket Service: A long term commitment to your health! A weekly basket filled with a rainbow of seasonal fruits and vegetables, along with a unique salad kit to ensure a complete nutritional package. This basket is available to anyone from the bio-region. Pick up your basket from the cafe—Mondays, Wednesdays or Fridays.

- Please email us at solitudepermaculture@gmail.com to book your basket.

Lunch Scheme @ Solitude

Experience a wholesome lunch scheme at Solitude Farm—freshly prepared straight from our farm every day. Enjoy traditional grains such as millets and red rice, heritage greens like local spinach, and a variety of seasonal fruits and vegetables rich in Ayurvedic benefits. All food is grown without chemicals and follows time-tested methods that have supported communities for generations.

If you're passionate about sustainability, looking to reduce your carbon footprint, or want support in managing life-style conditions such as diabetes or high blood pressure, this lunch is designed for you. Set in a tranquil, scenic space, this is more than just a meal—it's a chance to reconnect with your roots.

Come, eat well, and feel well.

- **Booking:** solitudepermaculture@gmail.com

Krishna
for the Solitude farm & café

MOHANAM PROGRAM

For more information and registration for all the tours, workshops, classes and events:

mohanamprogram@auroville.org.in

Call/WA: 8300949079

Office: 10am—4pm,
Monday to Saturday

Auroville Bio-region hub for art, craft and culture to bridge and promote Local Tamil culture

1 day advance booking is necessary.

Make & Take Workshop @ Mohanam Campus

Craft Activity	Duration
Pottery Making	1 hour
Kolam Mandala Painting	2 hours
Coconut Shell Craft	3 hours
Incense Making	1.5 hours
Lampshade Making	3 hours
Paper Marbling	1 hour
Candle Making	1.5 hours
Soap Making	2 hours or 1 day
Traditional Leaf Craft	2 hours
Bamboo Jewellery	2 hours
Dreamcatcher	2 hours
Henna	2 hours



- The Make & Take workshops can be booked for any day Monday—Saturday, 10am—12:30pm or 2—5pm.

Auroville Bioregional Experience with Mohanam

Tour Activity	Duration
Village Tour	3 hours
Munnur & Perumukkal Visit	6 hours
Kaluveli Tank Visit	6 hours
Bio-region Village Temple Tour	4 hours
Navagraha Temple Visit (Moratandi Navagraha Temple & Prithyangara Temple)	3 hours
Wood Fossil Visit and Quarry Shower	6 hours

Classes @ Mohanam Campus

1 day Advance booking of classes is necessary:

Activity	Time	Description
Cooking Class	Monday to Saturday, 10am—12:30pm	Learn to cook traditional South Indian food and snacks.
Saree Draping	Monday to Saturday, 10am—4pm	Learn how to drape a saree and model your look in an optional photoshoot.
Siddhar Ongara Five Elements Chanting	Every Saturday, 3:30—4:30pm	Chanting calms the mind, boosts energy, and fosters inner peace—join our class to experience its transformative power.



Tours inside Auroville with Mohanam

Tour Activity, Time	Description
Auroville Northwest Tour Monday to Saturday, 10:30am—1pm	Experience the beauty and richness of Tamil culture, tradition and heritage in the north-west zone of Auroville.
Mohanam Campus Tour Monday to Saturday, 10am—4pm	Visit Mohanam Bio-region Cultural Centre to experience Tamil culture with all your senses—taste local food, tour the bamboo experiential farm, attend art and craft workshops with local bio-region artisans, and buy products directly from the artisans at the Lively One-Village Boutique.

Ganesha Idol Making workshop

- 2, 9, 16 and 23 August, Saturdays, 9:30am—12:30pm @ Mohanam Village Heritage Centre.

We are happy to invite you to a hands-on workshop for Vinayagar Chaturthi, where participants will learn to create their own eco-friendly Vinayagar (Ganesha) idols using natural clay.

Thiruvannamalai Eco & Spiritual Services

Thiruvannamalai—Mohanam Services. Arunachala—Auroville. Tour, Retreat space, Camping, Temple visit, Ashram, Girivalam Full Moon Experience

The following services are available in Thiruvannamalai as Mohanam program has partnered with locals to arrange local tours, therapy, ashram visits, healing sessions, trekking and camping packages, group outings and awakening/spiritual tours and Thiruvannamalai volunteering activities. You can book the complete tour (cab, stay, local visit to spiritual places) by the Mohanam youth to Thiruvannamalai.

For more information, contact us:

- mohanamprogram@auroville.org.in,
- +91 8300949079 **Balu for Mohanam Program**

AUROVILLE EARTH INSTITUTE

Upcoming On-Campus Training Courses



We are pleased to announce our upcoming training programs at the Auroville Earth Institute. These hands-on courses offer a unique opportunity to explore sustainable construction techniques with a focus on earth-based technologies.

Below are the details of our upcoming sessions:

Months	Dates	Category	Details
September	1—6	CSEB	Design
	8—13	CSEB	Intensive
	15—20	AVD	Masonry
October	6—9	Special	Ferrocement

- For more information and to register: www.earth-auroville.com
- Contact: training@earth-auroville.com

T. Ayyappan

AUROVILLE BAMBOO CENTRE EVENTS

Bamboo Centre Campus Tour

Bamboo Centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.



- 11am—12:30pm, 2:30—4:30pm
- Every day except Sunday
- Registration one day in advance.

Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch



- 11:30am—12:30pm, every Saturday
- Registration one day in advance.

Special Bamboo Lunch for Groups in week days

- 11:30am—12:30pm, every day except Sunday
- Registration two day in advance.

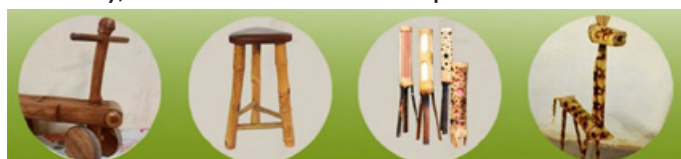
Trainings and workshops

- Every day except Sunday

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people. Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

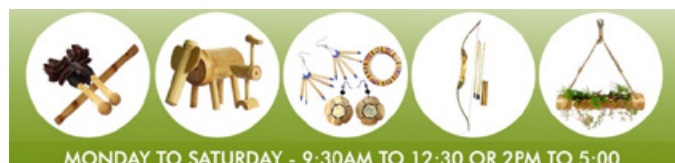
Daily, Make and Take Hands-on Workshops Experiences

One-Day, Make and Take Workshops:



- 9am—12:30pm, 1:30—5pm
- Registration one day in advance.
- **Furniture Workshop:** This immersive learning experience that offers the opportunity to learn the fundamentals of furniture construction and then make and take the furniture piece back home. This unique workshop will take place under the guidance of an expert.
- **Bamboo Lampshade:** Come and learn to make your own Bamboo Lampshade at Bamboo Centre and take home your own hand made lampshade at the end of the workshop.
- **Bamboo Giraffe:** Come and learn to make your own Bamboo Giraffe at Bamboo Centre and take home your own hand made giraffe at the end of the workshop.
- **Bamboo Bicycle (For Kids):** Are you ready to bring your cycling aspirations to life? Join our immersive 1-day Bamboo Bicycle frame-building experience and embark on a journey that goes beyond just assembling a cycle.

3 Hours Make and Take Workshops:



MONDAY TO SATURDAY - 9:30AM TO 12:30 OR 2PM TO 5:00

- Walk-in registration available
- 9am—12:30pm or 2:30pm—5pm
- **Bamboo Toys:** Come and learn to make your own Bamboo Toys at Bamboo Centre and take home your own hand made Toys at the end of the workshop.
- **Bamboo Musical Instruments:** We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional/ folk instruments at our centre from professional craftsmen and take home your own hand-made instrument at the end of the workshop.
- **Bamboo Jewellery:** Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.
- 10am—12:30pm or 2:30pm—5pm
- **Bamboo Planter:** Come and learn to make your own Bamboo Planters at Bamboo centre and take home your own hand made Planter at the end of the workshop.
- **Bamboo Archery:** Come and learn to make your own Bamboo Archery at Bamboo Centre and take home your own hand made Archery at the end of the workshop. This course provides you with the opportunity and guidance for create their own bamboo archery and bow from start to end. All tools and materials provided in the cost of course.

Upcoming Workshops

Bamboo Furniture Workshop

- 22—23 August, 9am—5pm.

This workshop focuses on small scale furniture making from bamboo and wood combination for example chairs, tables, shelves, etc... The Bamboo Furniture workshop will take place over 2 days, covering full day intensive sessions offered daily from 9am to 5pm.



For more information, special requirement, and pre-booking contact:

- Preferred: bambooworkshop@auroville.org.in or bamboocentre@auroville.org
- or +91 8300949081, voice call & WA
- 0413 2623806/ 2964727
- Flexible training dates offered to groups
- www.aurovillebamboocentre.org

Balu
for Bamboo Centre Team

WELLPAPER WORKSHOP

10am—4pm,
every day except Sunday

Join our workshop to learn & enjoy the process of turning waste paper into art. Create your own unique upcycled products from old newspapers to take home.

Wellpaper:
+91 9385744722, 0413 2969722



Viji

EGAI GIVING

Arts and Crafts



Toys Workshop: Craft simple toys made of wood and bamboo.

Finger Painting Workshop: Tap into your inner child and learn how to paint with your fingers.

Coconut Shell Workshop: Make and take earrings, keychains, bowls, and pendants.

Incense Workshop: Come and make your own agarbatties.

Products



We make craftwork out of eco-friendly materials such as coconut shell. All our products are unique by design and sustainable.

- **Contact Anand:** +91 9791896488,
egai@auroville.org.in

Submitted by Anand

Help Needed

REQUEST for Donation in Kind from Mirra Women's Group

Warm greetings from the Mirra Women's Group.

Established in 2002 as part of AVAT, Mirra Women's Group brings together women of Auroville, the surrounding bio-region, and newcomers through music, art, dance, sports, and educational activities. Our goal is to foster unity, healing, and empowerment across all walks of life.

In response to the emotional and physical challenges brought about by the pandemic, we have redoubled our efforts to create safe spaces for healing and well-being. Currently, we are conducting yoga classes and readings based on *The Mother* and *The Ideal of Auroville* at Wellpaper and Kottakarai School.

To continue and expand these sessions, we are in need of the following items:

- 4 grass mats
- 15 bowls
- 15 small plates
- 15 glasses

(Used items in good condition are also very welcome.)

We also gratefully welcome donations in the form of juice or edible items to share during our gatherings.

If you are able to support us with any of the above, please feel free to reach out. Your contribution will go a long way in nurturing a space of connection and care for women in our community.

Grace, Madhi, Suryagandhi
for Mirra Women's Group,
grace@auroville.org.in

Multiple Activities



BHARAT NIVAS
भारत निवास
The Pavilion of India, Auroville



Celebrating the 150th Birth Anniversary of Sri Aurobindo
Presents

PROGRAM SCHEDULE OF AUGUST 2025

Programs	Fire Silambam Showcase by Hariharan and Team Venue: Kala Kendra Open Amphitheatre 06:30 pm Tuesday, 05 th August 2025
	Sanskrit Chanting and Philosophy with Balaganesh Siva Venue: SAIWCHU 06:30 pm Friday, 08 th August 2025
	Chanting with Suchi Om Venue: SAIWCHU 06:45 pm Saturday, 09 th August 2025
	Bharatnatyam Arangetrupam by Triveni Kalakendra Venue: Sri Aurobindo Auditorium 04:00 pm - 06:00 pm Sunday, 10 th August 2025
	Tamil Philosophy Talk by Raman Venue: SAIWCHU 06:30 pm Monday, 11 th August 2025
	Story Sessions about Sri Aurobindo by Vatsla Sharma Venue: Sri Aurobindo Center For Studies 10:30 am 11 th & 12 th August 2025 Venue: Sri Aurobindo Center For Studies 02:30 pm 13 th August 2025 Venue: Sri Aurobindo Center For Studies 10:30 am 18 th & 19 th August 2025
	Kirtan & Philosophy with Balaganesh Siva Venue: SAIWCHU 06:30 pm Tuesday, 12 th August 2025
	Baul Music with Adhi & Sri Chaya Venue: SAIWCHU 07:00 pm Wednesday, 13 th August 2025
	Musical Homage to Sri Aurobindo with Dr. Shobha Ramesh Venue: Sri Aurobindo Auditorium 06:45 pm Thursday, 14 th August 2025
	Amazon to Ganga (Movie Screening) by Sehdev Kumar Venue: Sri Aurobindo Auditorium 10:30 am - 12:00 pm Friday, 15 th August 2025
Workshop & Courses	Yoga Course with Bala Venue: Bhumiika hall 01 st - 06 th August 2025
	Tango Boot camp Venue: Harmony hall 02 nd - 03 rd August 2025
	Eye Yoga & Wellness Retreat by Auro Perfect Vision Venue: Progress hall 04:00 - 05:00 pm 06 th - 10 th August 2025
Regular class & Performance	Freedom of the Body - Workshop Venue: Harmony hall 09:00 am - 01:00 pm 22 nd - 24 th August 2025
	Kalaripayattu Class - Ancient Martial Art of India Venue: Bharat Kalari (Opp. Sri Aurobindo Auditorium) Monday to Friday 06:00-07:00 am & 05:00-06:00 pm
	Kalaripayattu performance - Ancient Martial Art of India Venue: Bharat Kalari (Opp. Sri Aurobindo Auditorium) Every Friday & Saturday 06:00-07:00 am & 05:00-06:00 pm
	Vinyasa Flow Yoga with Bala Venue: Progress Hall, Bharat Nivas Every Thursday, Friday & Saturday 05:30-07:00 pm
	Auroville Tango Venue: Harmony Hall, Bharat Nivas Every Monday: 07:00 pm - Introduction to Tango 08:00 pm - Improvers Every Wednesday: 07:30 pm - Guided Practice 08:00 pm - Long Practice
	Study Circle: The Synthesis of Yoga Venue: Resource Library, Bharat Nivas Every Tuesday 04:30 - 05:30 pm
	Book Reading Circle & Meditation Program by Debashish Venue: Harmony Hall, Bharat Nivas Every Tuesday & Thursday 05:00 - 07:00 pm
	Hiphop Open Style - Dance class by Daniel lee Venue: Harmony Hall, Bharat Nivas Every Tuesday 04:30 - 05:30 pm
	Kala Kendra Art Gallery - Exhibition center Venue: Kala Kendra, Bharat Nivas
	Speed Live Caricatures Venue: Opposite of Kala Kendra, Bharat Nivas
Stalls & Exhibitions	Souvenir Shop - Gifts with Meaning Venue: Near Sri Aurobindo Auditorium
	Bharat Nivas Café - The Pathway to Flavour Venue: Pathway Café
	Marketplace Stalls - Auroville Made • Hemplanet - Hemp-based wellness and skincare • Deepam Candles - Hand-poured artisan candles • Taste of Nature - Herbal teas, jams, snacks • La Boutique - Ethical clothing and crafts • Egai - Workshops: incense, jewellery, coconut shell • Auroville Explore - Guided tours of Auroville • Svaram - Sound Journey

Everyday | 10:00 am - 04:30 pm

Enquiry Contact: Krishna at +91 97878 80211
Parking available outside at the Main Gate

- **Contact:** bharatnivas@auroville.org.in

Monisha, BN Team

IT MATTERS ACTIVITIES A/C ROOM

ITMATTERS.AUROVILLE.ORG

@AUROVILLE.CURATED



LOCATION:
Auroville Main Road
Kuilapalayam

@ It Matters, Auroville Main Road

More info on instagram: @auroville.curated

Workshop pre-registration required:

- itmatters@auroville.org.in or
- +91 9344087925 WA

Date	Workshops in August
23, Saturday, 10am—12pm	Auroville's Charter & The Mother's Dream. Sharing with Raman, Contribution Based
30, Saturday, 10am—12pm	Photography & Trekking in The Himalayas. Sharing How-To & Preparation with Ashwin, Contribution Based

Saranya

Office Spaces

Office Space Available: Auromode

Office Space inside Auromode Premises with superb infrastructure, including Generator back-up, 24 hours Security service, Aqua Dyn drinking water, Car & Bike parking and restaurant.



Contact Mr. Pandian

at Auromode in person, +91 9943390391 or pandian@auroville.org.in

Pandian

Aurelec Spaces Available

35.12 sqm. closed space available inside Aurelec Premises. This space is ideal for workshop or office or storage with generator back-up, 24 hours security, parking, provision to put air-conditioners, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.



Conveniently located closed office room (around 18.30 sqm.) on the first floor inside Aurelec premises with superb infrastructure, including generator back-up, UPS System, provision to put air-conditioner, 24 hours security, parking, high speed fibre internet access (BSNL and Aurinoco), canteen and sports facilities.

- Interested people may contact Mr. Siva at Aurelec in person, or by phone to 2622293/ 2622294 or e-mail adps@auroville.org.in

Siva for ADPS Trust

Cowork, kindly @ Marc's Cafe

RESPECT THE SPACE, THE PEOPLE, AND NATURE

GOOD TUNES. NO BAD VIBES
FREE WIFI
SELF SERVICE

MON-FRI
9 AM-5 PM

COWORK, KINDLY.

SCAN FOR MENU

SCAN FOR WIFI

Matilde

Kinisi Cowork

Our vibrant space—right behind Kinisi e-mobility (CSR campus)—offers an ideal balance of focused work, being part of a supportive community and relaxing surroundings.

- **Opening hours:** 7am—11pm
- **Flexible Passes & Validity:**

1 Day Pass

5 Days Pass (Valid 14 Days)

25 Days Pass (Valid 60 Days)

60 Days Pass (Valid 120 Days)

- **Conference Room:** As Booked (4 hrs)
- **Amenities:** Enjoy fast internet, power backup, AC, meeting room, EV Charging and complimentary coffee/tea (10am—4pm).
- **Community & Connection:** Beyond the amenities, we cultivate a supportive community that fosters collaboration and upskilling. We organise coworkers' lunches, game nights and workshops to learn new skills.

Ready to join? Learn more and book your spot:

- +91 9429690049, hello@cowork.kinisi.in
- CSR Campus, Auroshilpam, Auroville—605101
- cowork.kinisi.in



Laure

Hive Coworking Space Open House

- Every Friday, 9am—7pm @ Hive, Auromode

NEED A PLACE TO WORK?

OPEN HOUSE

Hive
COWORKING SPACE

FREE ON EVERY FRIDAY

More Info : +91 90 42 75 95 40 | www.auromode.in

Step into Hive and experience the Cosy workspace with super-fast Internet, Coffee—All for Free on our weekly Open House from 9am to 7pm.

Visit us at www.auromode.in/hive-coworking for more details on our flexible plans and facilities.

For inquiries:

- auromodehive@auroville.org.in
- +91 9042759540 WA, +91 7092197375 WA
- or drop by

All are Welcome!

Dhesh for Hive Team

Looking For

Looking for Refrigerator

I just returned from studying yoga abroad, and my refrigerator is broken. The repair is very expensive. If you have a fridge that you're not using and would be willing to donate, please let me know.

+91 8903641845 WA, Ivana

Urgently Seeking a Long-Term Housesitting

My name is Dhruvi, and I am an architect working at Unitary Design Studio with Omar Rabie. I have been living in Auroville for over a year now and am currently in the volunteer process to become a Newcomer.

I am urgently seeking a long-term housesitting opportunity or a rental, with a stay of at least 4 months or longer. I am a responsible, quiet, and clean individual who has had the privilege of housesitting in several communities over the past year, always with care and gratitude.

+91 8879151241, Dhruvi

Taxi Share

From Chennai Airport, 2 September, 1am

Looking for cab travel sharing from Chennai Airport to Auroville on 2 September 2025 at 1am. Anyone interested kindly contact 8270512606 WA, Ashwini.

Ashwini Selvaraj, Aspiration

To Aravind Hospital any day in August

I'd like to share a taxi to Aravind Hospital for a field test. Any day in August.

Gaya, 9442663282 WA

From Chennai Airport, 23 August, 4:50am

Looking for cab travel sharing from Chennai Airport to Auroville on 23 August, 4:50am. Anyone interested kindly contact maria@auroville.org.in

Maria

Honorary Voluntary

VOLUNTEERS NEEDED to spend time with Mary

We are looking for volunteers who can spend about an hour a day with Mary (former Transition School teacher). The idea is to visit her at her home in Invocation in the late afternoon or early evening (5—6) to keep her company—whether by playing cards, going for short walks, or simply spending time together.

Former students are especially welcome, though this is not required. What matters most is consistency in timing and frequency.

- If you're interested, please contact Vikas at vikas.k.kapur@gmail.com or +1 5309334682 WA.

Akash and Vikas

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day from 7am onwards, and have a vegan breakfast at 8:45am. Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274 WA or call
8122274924

Aviram
for Sadhana Forest team

VOLUNTEERING @ ECOSERVICE

Everyone is welcome at Ecoservice because it's our communal attempt to practice what we preach about ecology and a city the Earth needs.

**Tuesday mornings
is a dedicated time that all
are welcome to randomly drop in
for some onsite sorting and other
activities, to look around or what-
ever. For regular volunteering, special projects or needs,
please call first.**



B for Ecoservice,
7598911090 WA

AARAMBHAM LEARNING SPACE

Looking for a long-term volunteer Facilitator

Our expectations

- responsibility and punctuality
- ability and preferably some experience of work in the education field (age from 6 to 12)
- good communication skills with kids and adults
- ability to move around Auroville
- interest and motivation
- optimism and good energy

We can provide lunch and some additional bonuses to come as you will stay with the team longer.

For details:

- aarambham@auroville.org.in
- +91 83002 88303, WA messages

Alexey



Work Offering

AUROYALI:

Looking for a Project Manager

We are currently looking for a Project Manager (experience: 0—2 years) with skills in planning and estimation. The required qualification is B.E./ B.Tech-Civil.

Interested candidates can send their CV to:

- auroyali@auroville.org.in Mohan J. for AuroYali

SEEKING OPPORTUNITY TO CONTRIBUTE:

Civil Engineering

Ashok Kumar Sharma, a senior civil engineer with over 40 years of experience in infrastructure development and project management (including highways, tunnels, hospitals, and educational buildings) is looking to contribute his expertise to Auroville.

Having recently retired from active consulting roles, he wishes to offer his skills in a meaningful way that aligns with Auroville's development needs.

- Those interested or aware of relevant opportunities may contact: aksdarshan348@gmail.com or +91-9303494918.

Submitted by his son Rahul Sharma, Aurovilian

BABYSITTING

Hello my name is Padmashree. I am a 16 year old Aurovilian. I've done babysitting last year and had to stop because of my school schedule, now that the new year has started I would like to continue to work with kids.

- I've done babysitting with 4—5 years old, I'm willing to try any other age groups.
- I'm free every afternoon. I'm also open to do occasional evenings for you parents to have nice time without kids.

If you would like or need my help please message me for further details.

+91 8015086448, Padmashree

LOOKING FOR SMALL JOBS AND WORK ASSIGNMENTS

My name is Ajeeth Rajaram. I have been working in Auroville in different places. Presently I finish my studies in medicine, cardiology. Besides the courses and days/nights in the hospital on duty, I am looking for work to support myself and pay for transport. I have a driving license and experience with driving; I have helped in management of a taxi unit in the past. I can repair and fix things. I could do errands or take up watchman duties in off hours. If you need a handyman please call me.

- Contacts: +91 70940 95766, SMS, WA or call.

Ajeeth. Submitted by Shivaya

Work Opportunities

AUROVILLE INSTITUTE OF APPLIED TECHNOLOGY

Seeking for qualified candidates: Assistant professor

Auroville Institute of Applied Technology (<https://aiat.edu.in/>) is currently seeking qualified candidates for the position of Assistant Professor in the field of Electrical and Electronics background. Applicants must hold a Master's degree in a relevant discipline. Interested candidates are invited to send their CV to info@aiat.edu.in. **Amarnath**

CONTENT CREATION, RETREAT LOGISTICS, proofreading, website updates

Hello, I am looking for people who can support the different areas of my work—content creation, retreat logistics, proofreading, website updates etc.

- Some roles are ideal for interns or volunteers,
- and others could be paid.

If you feel you can contribute to the field of Vedic Astrology, or know someone who might be a good fit, please take a look at this page: <https://www.allthingsvedic.in/work-with-us>. You'll find all the details there, along with a short form to be filled.

Vikram Devatha, 9843948288,
Submitted by Megha

eco femme

is looking for a communications lead

Eco Femme is seeking a dynamic and passionate Full-Time Communications Lead to drive our growth and brand awareness. We are looking for an experienced candidate in marketing strategy, leadership, and project management to guide our team to meet organizational and programme goals.

Proven experience required

- Minimum 1 year of experience leading a team, including cross-functional coordination
- Marketing strategy development and implementation
- Basic understanding of performance marketing and analytics
- Platform-specific expertise in Instagram, Facebook, LinkedIn, YouTube, Google Business, website, and email marketing
- Project management/ campaigns

We are based in Auroshilpam.

Starting date: Immediate. This position requires the candidate to be present at our office on a daily basis.

For more detailed information and applications, please write to maha@ecofemme.org with your updated CV. Looking forward to hearing from you!

Mahalakshmi Prabhakar, +91 7094278777

LOOKING FOR A FULL TIME LADY

Looking for a full time lady for house cleaning 6 days/ week, in Aurogreen.

- Please contact Tine +91 984398 4181 call or WA. **Tine**

Foods, Goods & Services

BHARAT NIVAS CAFE

Daily, 9am—4:30pm

Bharat Nivas Cafe serving Pongal, Red rice idli, Ragi dosa, Brown rice meals and home made pani poori every day starting from 9am till 4:30pm

Aravind

NATURELLEMENT GARDEN CAFE DISCOUNT

50% every Thursday

We're happy to share that our 50% discount every Thursday has received such great feedback that we are now extending the offer through August as well. Most welcome!



Chitra for the Naturellement Garden Cafe team

AUROVILLE BAKERY CAFE IN TOWN HALL

7:30am—4:30pm

Auroville Bakery Cafe is excited to announce the opening its new branch in Town Hall!

The Cafe is open from 7:30am to 4:30pm, serving South Indian breakfast, crepes, wraps, sandwiches, omelettes, juices, and all of your other favorites from the Auroville Bakery Cafe.

The Cafe also hosts an Auroville Bakery outlet, where you can find an assortment of breads, cakes, and croissants.

In addition, for your convenience, advance orders placed at the the Auroville Bakery can now also be scheduled for convenient pickup directly at the new outlet.

Auroville Bakery & Cafe Team, from Mass Bulletin



Pour Tous பூர் தூஸ் For All

- Canteen is now offering an In-Kind Lunch Scheme (Tiffin Service)

We are happy to announce that PT Purchasing Service—Canteen is now offering an in-kind lunch scheme (Tiffin service). If you are interested in subscribing to the monthly lunch scheme, please send an email to: ptps@auroville.org.in.

- PT Purchasing Service closing time: 5:30pm

From Mass Bulletin



@ Luminosity Auroville

Lunch: Tuesday & Saturday, 12:30pm

Tea Ceremony: Wednesday, 10am & 3pm

Please book one day in advance

+91 9489693809, goyo@auroville.org.in

Won Ja for Goyo



Kyonghyon Lee for Right Path Cafe

NEEM TREE CAFE OFFER

Neemtree Cafe offers fresh fruits juices, wraps, dosas, parathas, tacos, salads, burgers, french fries etc:

- We are open every day **Monday to Saturday** @ Mahalaxmi park (Near Solar Kitchen). Sunday is holiday.
- Our prices are 20 to 200 only inclusive all taxes

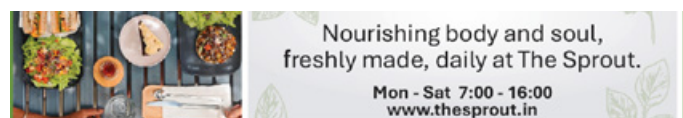
Come and enjoy!

Parthasarathy Krishnan



Kathir for Vérité programming

THE SPROUT CAFE & RESTAURANT



Monica for The Sprout team, www.thesprout.in

AUROMODE RESTAURANT IS OPEN

Monday to Saturday, 12—3:30pm & 6—9pm

We at the Auromode Restaurant are happy to announce that we are now open!

We look forward to seeing you all.

Pavithra
for Auromode Restaurant



LIVING ROOM CAFÉ

Open every day, 8am—9pm

Come enjoy delicious meals and coffee in our cozy space, located on The Crown across from the Auroville Library.

We serve breakfast, lunch, and dinner for Aurovilians, newcomers, volunteers, and guests. We look forward to seeing you!

Debo for The Living Room Cafe Team



SOUTH INDIAN BREAKFAST

@ Aurelec Cafeteria

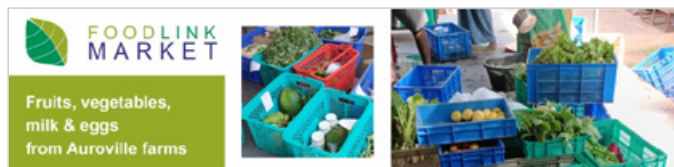
7:30—10am

Variety of Dosa and Millets Pongal, Coffee Rs.99

Submitted by Shiva



FOODLINK MARKET IS OPEN EVERY DAY



Monday—Saturday, 9:30am—12:30pm

We welcome you every morning from 9:30am to 12:30pm. We are open to volunteers, guests & visitors and we accept payments by FS account, Aurocard and UPI.

- For more info: call/ WA +91 83002 68804 or pass by.

Isabella for FoodLink

TAMIL NADU BASMATI RICE @ SIDDHARTHA FARM

At Siddhartha Farm, we have introduced Tamil Nadu Basmati rice, which we have been successfully cultivating here. It is now available at the following outlets: PourTous Distribution Centre (PTDC), PourTous Purchasing Service (PTPS), Farm Fresh, and Hers.

This aged, semi-polished Basmati raw rice is available in both whole grain and broken grain forms.



- Direct bulk orders are welcome, with a 25% discount offered on the following minimum quantities:
 - Whole grain rice, 25 kg
 - Broken grain rice, 15 kg
- Door delivery within Auroville will be provided as part of our service.

If there is a positive response from the community, we look forward to continuing its cultivation.

- For pricing and orders, please contact us at: siddhartha.farm@auroville.org.in, +91 8838012456

Available for immediate supply.

Suha from Siddhartha Farm

ANNAPURNA FARM BASKETS

Annapurna Farm offers farm baskets of produce/products (dairy, fruits, and grains) from Annapurna to connect with the consumers directly.



Residents/ volunteers/ guests can select from the range of produce/ products to order via google form. Orders are delivered to Foodlink & PTPS on Saturdays. Some of the produce/ products are exclusively available for CSA orders.

- We have a WhatsApp group to make weekly announcements for the order form links and occasional farm updates.
- Please scan the QR code to join the group or [follow this link](#).



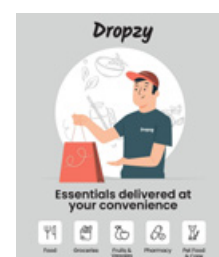
Madhuri for Annapurna Farm

DOWNLOAD OR ACCESS DROPZY APP

Android: <https://play.google.com/store/apps/details?id=app.auroville.dropzy>

iPhone Browser Version: <https://app.dropzy.in/public/dropzy>

Desktop: <https://app.dropzy.in/public/dropzy/desktop-version>



Sathish

HEMPLANET: EXPLORE THE BENEFITS OF HEMP!

Visit Hemplanet for a range of hemp-based products, including hemp oils, protein powders, hemp foods like granola bars and pasta, and body care products. All products are eco-friendly and perfect for a healthy lifestyle.



- **Location:** First Floor, Building 1, Auroville Main Road, Reve Area, Auroville
- **Opening Hours:** Monday to Saturday, 10am—4:20pm
- **Contact:** +91 8098021280/ +91 7824975821. Davide

SHARED TRANSPORT SERVICE

Shared Transport in Auroville is dedicated to offering **cost-effective travel options** by arranging shared trips between Chennai and Auroville. Additionally, we provide **local trips** within Auroville and Pondicherry.



- Taxi bookings can be made directly through our STS (ITS) office.

Location: ITS (Integrated Transport Service), Solar Kitchen Area, in front of PTDC, Auroville—605101

Contact: 8098776644/ 9442566256, its@auroville.org.in

Rajesh.D for Shared Transport Service

KINISI E-MOBILITY

At Kinisi we are passionate about making sustainable, electric transport accessible and convenient for everyone in Auroville. Whether you're a guest, long-term volunteer, newcomer, or Aurovilian, we have tailored solutions to get you moving quietly, cleanly, and efficiently.



Our Services Include:

- E-Cycle, E-Scooter & E-Bike Rentals:
- Flexible pricing depending on the duration of rentals for guests. <https://app.kinisi.in/>
- Special discounted rates for SAVI registered for long-term volunteers—ask about our volunteer scheme! <https://app.kinisi.in/volunteer/>
- KIM Scheme: Exclusive benefits for Aurovilians and Newcomers. <https://app.kinisi.in/kim/>

Repair & Service:

- Comprehensive repair and maintenance for all models of e-cycles, e-scooters, and e-bikes—no matter where you bought it!
- General Service, Battery, Motor, and Controller check, parts replacement, and recycling services.

Contact Us:

- +91 8300460679/ 680, info@kinisi.in
- <https://bit.ly/2JL4Q9Z>, <https://kinisi.in/>

Debo

INTEGRATED TRANSPORT SERVICE



Your trust and encouragement inspire us every day to continue providing reliable and eco-conscious transport solutions for everyone: From **E-scooter and bike rentals to taxi and transport services, electric rickshaw pickups and drops, electric bike maintenance and delivery services**, we are honored to serve the diverse and vibrant needs of this incredible community.

Rajesh for ITS



**Book
A Taxi 24/7**

+91 9843880591

Office: (0413) 2220591, 2220592

Office cell: 8610915429

sunrisetaxi@auroville.org.in

www.aurovillesunrisetaxi.in



Sathish for Sunrise Taxi

UTS TRANSPORT SERVICE



Open 24 X 7: Any Taxi bookings can be done directly to our UTS office. The contact numbers are:

- Landlines: 0413 2623586, 0413 2623587
- Cellphones: 9047015801
- Email: uts@auroville.org.in

Lakshmi for UTS

RAPID CARE SERVICES

Rapid Care Services is your trusted one stop solution for repair and maintenance and ancillary works since 2022. For more information or to schedule a service, please don't hesitate to contact us.



Services offered

Category	Service
Metal Works	Channels, Doors, Piping, Fabrication
Plumbing	End to End, Job works
Furniture	Repairs, Made to order
Masonry	Repairs, Renovations and Remodulation
Painting	End to End, Job works, Floor Waxing
General Maintenance	Fumigation, All Home Utilities, Fencing
Installations	Washer and Dryer, Air Conditioner, Inverter, Water filter, Security Camera
Electrical Works	Wiring, Metre box, Lights, Switches & Sockets, Motion sensor
Cleaning Service	Deep cleaning—House, Office, Guest house etc, Bathroom cleaning, Water tank cleaning Vacuum cleaning, mopping, dusting, floor polishing, polishing mirrors.
Landscape Design	Overall design of outdoor spaces, from entrances to courtyards and community areas.
Repair & Renovation	Roof leakage, alterations to a pre-existing structure or building, upgrades to an existing building, outdoor space, or existing infrastructure.
Transport Service	Load Carrier facility

- **Contact:** + 91 8270071581
 - **Primary Email:** rapidcare@auroville.org.in
 - **Secondary Email:** rcsrapidcareservice@gmail.com
 - **Instagram handle:** @rapidcare1 *Balaji & Arun*



Vanakam, Bonjour and Hello
from Inside India

Launching Our Kolam Workshop every Friday

- Every Friday, 2—4pm

Inside India is excited to announce our Kolam Workshop. Join us to learn and experience the traditional South Indian art of Kolam, where intricate patterns are created with rice flour, blending creativity, culture, and mindfulness. Open to all skill levels.

Auroville Bio-Region Tours by Inside India

Join our tours as we take you through the powerful, ever-evolving Auroville bio-region. Catered to your niche and interests; explore where forests are still growing, communities are still dreaming, and where the land speaks if you listen.

- Tours run from 10am—3pm, with a hearty Auroville-style lunch. Available **only** on request, with a 24-hour heads up.

Cycle Tours through Auroville

Ride into the green lungs of Auroville on our newest bicycles partnered with KINISI. Muddy red earth under your wheels, rain-washed trees above you, sound of birds, forest winds and chance detours, explore this slow travel at its finest.

- Tours run from 10am—3pm.
Please book 36 hours in advance.

Off-Road Cycling & Half-Day Rides

For those who want to go off-script; we now offer off-road rides with our seasoned cycling guide. These are wild, custom-built trails cutting through fields, villages, forests and backroads of the bio-region. We tailor it to your stamina, spirit and sense of adventure. Available on request, with a 36-hour heads up.

Special Flights and Offers

- **Etiha Airways**—From Chennai to Paris, London, Amsterdam, Brussels, Vienna, Munich, Zurich, Vienna, Dublin.
- **Air India**—From Chennai to Frankfurt, London, Zurich, Seoul.
- **Cathay Pacific**—From Chennai to San Francisco, Seoul.
- **Malaysian Airways**—From Chennai to Seoul, Perth, Bali.

Complimentary Stay in Brunei by Royal Brunei Airlines

Get a complimentary hotel stay in Brunei for layovers over 8 hours from Chennai to Melbourne, Manila, Tokyo, Ho Chi Minh City, Taipei.

Individual Travel Insurance by Bajaj Allianz

Inside India is now offering Travel Insurance to ensure safe travels and a smooth journey for you from the start till the end! Travel comes with risks—delayed baggage, lost passport, or sudden illness. Individual travel insurance ensures financial protection, quick assistance, and peace of mind wherever you are.

- **What is Individual Travel Insurance?**

It's a policy that protects solo travelers, families and any traveler against unexpected events like medical emergencies, trip cancellations, or lost baggage while traveling abroad.

- **Key Features of Bajaj's Travel Insurance:**

Global 24/7 assistance, Covers medical emergencies, trip delays/cancellations, lost belongings, and even home burglary while you're away. Quick and hassle-free claims with fast settlement.

Inside India Timings and more

- Inside India is open for your next journey
Monday to Friday, 10am—5pm
- We are open this Saturday, 23 August.
- For urgent matters or emergencies, you may contact our ticketing agent Ganesh: +91 9894598686.

Itineraries & Ticketing

Whether you're dreaming of a mountain retreat or a coastal getaway, we're here to help. Inside India offers tailor-made travel itineraries across India and Sri Lanka.

- Write to us at tours@insideindiaauroville.com to start planning.

We are open Monday to Friday, 10am to 5pm, at our Office in Kalpana Community (Opp. Auroville Library).

Happy Travels!
Shaheen for Inside India Team

QUTEE ELECTRIC SCOOTER SERVICE

Many in Auroville are not aware that a quality service for all brands of electric scooters, and especially the ones (Hum-vee) made here over the years, is conveniently available. The Qutee service center is located near the Certitude entry of Auroville across from the Road Service just off the tar road before the Puncture Service.



New and old electric scooters can be repaired, maintained or replaced. Also battery services (recycle, repair, replace), Uninterrupted Power Supplies (UPS) and solar system services can be conveniently arranged. All work is coordinated by Govindaraj (Aurovilian) with decades of experience.

- You may call Qutee 9443372418/WA 9092637055 or email govindaraj@auroville.org.in for any of your requirements. Upgrade to electric transport and solar power.

Govindaraj & B
for Qutee Electric Scooter Service

SARVAM COMPUTERS OFFERS RELIABLE SERVICE

Sarvam Computers is located in Utsav Complex. Sarvam Computer offers all types of computers sales and service, data recovery, all types of Apple device sales and services, office network and server set-up, monthly and annual maintenances etc.



Contact Sarvam Computers

Utsav Phase—1 A, First Floor, Vérité Radial, Auroville

- 0413 2622050, 9443211891, 9786953603
- FS account: 251263
- sarvamcomputers@auroville.org.in

Bala

AI OFFICE HOURS

Every Saturday from 10—11am

Currently at the offices of Auroville Online Store
(auroville.com) in Aurosarjan Complex

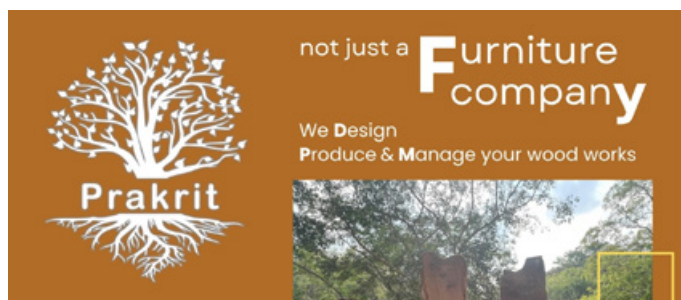
Hands-on workspace for AV units and individuals to work on specific AI projects. Bring your problem, attempt a solution, and get support. Technical expertise not required. Drop-ins welcome, but advance notice appreciated. A collaborative space to explore and work on AI projects.

Please join the AV GenAI User Group on WhatsApp to be updated on any changes in Location and Timing.

- WhatsApp:
<https://chat.whatsapp.com/BY0sIYI38DwFFdAffBsCRJ>

AL Majumdar, +91 9843941207 WA

PRAKRIT



Dear fellow Architects, Interior Designers and Developers in Auroville, we at Prakrit extend to you our expertise in working with Solid wood, primarily design and production of furniture and furnishings ensuring sustainable production, effective management and superior quality.

Head over to our website www.prakrit.org.in to check out our portfolio of projects done in collaboration with various architects and businesses over past years. Reach out to us for enquiries and collaborative opportunities.

Mehul for Prakrit,
+91 9634424066

RUPAVATHI JOY ACTIVITIES

Bio-Region Temple Tour:

Interested in learning more about the religious heritage in and around the bio-region? Come take a guided tour of temples around the bio-region. Starting point from Solar Kitchen. Can be scheduled anytime throughout the week. Please contact me in advance for more information and booking.



South-Indian Cuisine: Cooking class: Learn to cook some delicious delicacies of south India with Rupavathi.

Thai Massage & Tailoring: We give every morning from 9:30—11:30, 11:30—1:30, 5:30—7:30pm.

This is for both the classes: we can tailor and customize any kinds of dresses, sari-blouses and kurtas.

- For any of the above services, contact:
- 8098845200 WA/ ph.,
rupavathijoy@gmail.com

Rupavathi

FREE STORE working hours

Mornings: Monday to Saturday, 9am—12:30pm

Afternoons: Tuesday & Thursday, 2:30—4:30pm

You're welcome to bring clean items to the Freestore.

We kindly ask that you come during open hours when someone is around, and avoid leaving things outside the door.

Kamala
for the Free Store team

SURABHI SUPPLIES

Your one-stop shop for quality materials and equipment in Auroville! We offer discounted prices on construction supplies, appliances, machinery, and more through bulk purchases, saving you time and money.



- Contact us for all your procurement needs:
surabhisupplies@auroville.org.in

+91 9843846458 WA, Phone,
lyyappan

Voices & Notes

AUROVILLE RADIO TV

Dear Aurovilians, your favourite radio is always working for you. Stay tuned!



Last published podcasts

- [Marlenka's weekly Offering—Ep.149](#) (Literature)
- [Savitri—Ep.19: Introductory Comments in Tamil by Dhanalakshmi](#)
- [Sadana and Saranya are interviewing their fellow classmates who are involved in community service](#)
- [Sri Aurobindo's "The Life Divine" read by Deepti Tewari-Book 1, Chapter 1: "The Human Aspiration" \(Spirituality\)](#)
- [Cosmic Inner Weather Report Ep.11: Living Intensities, in Ten Cities](#) (conversations)
- [Soul Tracks S.6, Ep.19: Groovy Tunes, Jazzy Beatles and a Black Mass. Who could ask for more? \(Music\)](#)
- [Une série hebdomadaire de lectures par Gangalakshmi—Ep.505](#) (Integral Yoga)

Latest Youtube video

- [Sri Aurobindo's The Life Divine read by Deepti Tewari | Book 1—Chapter 1](#)

...and more! on www.aurovillerradiotv.org

For more information write to radio@auroville.org.in

Sai Priya for Auroville RadioTV Team

HEARTWEAVING:

Exploring Polarities through Samudra Manthan

Heartweaving is a community project that has been ongoing for over two years. It evolved out of the initial workshop held by Raghu A. in 2022, where he offered tools and processes for personal as well as collective transformation. Since then, a committed group of Aurovilians have immersed themselves in the Heartweaving process. This process emphasizes consciously observing and embodying the energies of the various archetypes in order to sensitize oneself to how these shape our reactions and behavior. In so doing we can gradually transform the shadow side so that the luminous aspect of the archetypes can be expressed.

The session of August 9 was facilitated by Naveen. It was a deep dive into the Samudra Manthan, the Indian myth describing the churning of the ocean in order to gain the nectar of immortality. This myth was introduced and investigated both as a story and as a symbolic framework for inner work. Before the workshop participants were asked to reflect on the polarity that was most alive for them in Auroville today. From the feedback given, the topic "action/inaction" was selected. Through a living experience of actually dividing into two groups and physically doing a churning movement, the concept of polarity was felt and embodied. After some trials the two groups discovered a way to churn rhythmically. Following that, guided by the facilitator, they shared their experiences of polarity from several different perspectives. In multiple ways participants understood that polarization holds both shadows and hidden gifts. Deeper understanding requires engaging both the light and shadow of each position. Through intense reflection and through open, heartfelt exchanges, empathy is fostered and conflict shifted into a co-creative rhythm. It was understood how the Manthan (churning) is reflected in each of us and in the community at large.

Fourteen participants gathered in the Tibetan Pavilion on the afternoon of 9 August 2025. The space was a safe one with a harmonious atmosphere and all felt confident to embark on a genuine exploration of poises and attitudes that are present in today's Auroville. It was a fruitful and nourishing experience. In the final sharing it was clear that the afternoon's explorations had deepened the group's connection to Auroville and its ideals.

Suzie

WHAT IS AUROVILLE'S RAISON D'ÊTRE?

An aspiring True Aurovilian asks:

"The Deeper Question: What are we 'really' here for?"

Beyond infrastructure or administration lies the central issue: What is Auroville's raison d'être?"

My response:

With that prevailing perspective and narrative we can clearly see the central issue of the human problem: the false-separative perception of the mental consciousness.

Fundamentally We are all One, Unity is already. Thus All Life is Yoga.

So why continue falsely separating all the interconnected, interactive and complementary players in The Play of the One Eternal and Infinite? Which is All of Us. We.

With this paradox of the unity of opposites, Uniqueness or Specificity of Purpose must be factored in the evolutionary equation.

Auroville's raison d'être is crystal clear even before its inception. Our integrated and proactive Three Core Ideal Vision-Goals says it all, again without separating anything from these Prime Directives:

A Dream—Auroville Charter—To Be a True Aurovilian
1954—1968—1970—...

<https://auroville.org/page/core-documents>

With a definitive collective future-oriented Agenda:

"The whole earth must prepare itself for the advent of the new species, and Auroville wants to work consciously to hasten this advent."

This will of course take many more generations of humans who are still in Homo sapiens mode with an animal physiology that have basic and particular needs which must be adjusted accordingly with the progressive evolution of consciousness and life. With that we also need more conscious human parents who will give birth to human vessels for incarnating psychic beings, physical bridges for the Triple Transformation until the advent of this new species the Supramental being. This new species is envisioned with a non-animal physiology, a genderless, real-time mutable beingness, with a direct willpower over matter. Again, it will take many generations before this happens. But this is the specific Vision-Goal, not just the mere maintenance and propagation of the transitional Homo sapiens modality.

For now the preparation is the building of the City of Dawn for the inner and outer well-being of mutually aspiring and receptive humans: basic and particular needs, Integral Education, work, protection, wealth generation and venues for divine artistic expression. Protection is from the old-world undivine ego-minded tamasics and anarchists, the past that seeks to endure. With ego we mean the false-separative consciousness and ways of life that are still quite predominant, with very powerful adverse and hostile forces using unwitting humans both individual and from well-coordinated organisations coming from all over the world whose sneaky role is to undermine the Supramental progress. These must be proactively counter-checked and infiltration prevented, as much as possible. One of the main lessons of the Gita: upholding the getting-old but still predominant mental-human Dharma in conscious preparation for the New Supramental Dharma. For that the continued governance and administrative support of the Government of Mother India is indispensable and most welcome, and an integral part of Auroville's Vision-Goal if you will carefully review [Sri Aurobindo and the Mother's writings](#). I can even say that the Avatar's Auroville can only happen within Bharat Mata. This crucial governmental support and protection can be deemed most obvious by first acknowledging one's own limited individual capacity in preventing the infiltration of adharmic adverse and hostile elements into the community. Thus this need of a collective effort and vigilance, including the participation

of governments of other nations, an international collaboration, in consciously building and protecting this City of Dawn with its divine purpose, its reason for being. Sri Aurobindo has already spoken about these way back in his Five Dreams, the link to which is in the following chapter, with incisive commentary by an Aurovilian, from the book 'Beyond Man: The Life and Work of Sri Aurobindo and the Mother', highly recommended to anyone wanting to deeply understand Auroville and its founders:

<https://incarnateword.in/other-authors/georges-van-vrekhem/beyond-man-the-life-and-work-of-sri-aurobindo-and-the-mother/chapter-seventeen-the-five-dreams-of-sri-aurobindo>

Now Auroville's raison d'être becomes crystal clear: this City of Dawn's specificity as the Conscious Cradle for the new species the Supramental being, which must also be the prevailing open public narrative.

We do not want to host nor invite the non-receptive, adverse and hostile individuals who, with their resistance and non-acceptance of our particularly radical revolutionary Supramental Vision-Goal, will create the dissonance and hence the unwanted chaos in this community specifically geared to the paradigm-shifting directives of our Avatar founders Sri Aurobindo and the Mother. We have learned from our painful lessons, yes? Or have we not?

So, whatever one's individual realisation and experience, is this raison d'être of Auroville clear enough?

Of course the day-to-day interactive dynamic collective developments in building the City of Dawn, in their integrality, is the hastened and intensified evolutionary process itself leading towards the above-mentioned Vision-Goal of a Divine Supramental Manifestation.

Circa 2025: We continue on with the best of our unique individual capabilities...

The opposite applies in the Unity in Diversity of us all.

Therefore at every dynamic moment as constant reminder:

"Little by little it will be revealed to us what this new species must be, and meanwhile, the best course is to consecrate oneself entirely to the Divine."

[When this was to be published at the end of 1971, Mother added:]

The only true freedom is the one obtained by union with the Divine. One can unite with the Divine only by mastering one's ego."

To Be a True Aurovilian

Note: for readers of the printed version, please scan the QR Code to access the links or go to this blogsite and open the post of the same title: <https://zechjoya.blogspot.com/>

Zech



Classes, Workshops & Healing Arts

MANTRAS & STOTRAS
Traditional Chanting Class

Mantras & Stotras

Traditional Chanting Class

@ Serendipity Community With Sonia Novaes

☑ Friday - 5 pm (regular class)

☑ Drop-in classes available

for individuals or groups - book your session

Info: serendipityauroville@gmail.com | +91 8940288090

Friday, 5pm (regular class) @ Serendipity Community

+91 8940288090, serendipityauroville@gmail.com

Sonia



www.quieth healingcenter.info, quiet@auroville.org.in

+91 9488084966, Mobile & WA

Watsu® Basic with Pooja

- 25—26 August, 8:45am—6:30pm: 16 hours

Watsu is an aquatic bodywork modality given in a warm water pool (ideally 35°C).

This basic course introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation. In this course, you'll practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another body in water. You will experience floating other people and being floated on the surface, thereby creating space for deep relaxation and nurturing body, mind and spirit.



- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Woga® (Yoga in Water) Classes

- Thursday, 28 August, 4:30—6pm

Yoga in water is based on classic yoga poses and stretches, modified for standing in water, which is waist-to-chest high. Classes are structured like their yoga equivalents on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The difference is that you are in a warm water pool (35°C).



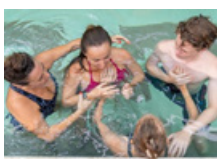
The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Watsu® Yoga Round with Sheida

- Saturday, 30 August, 3—6:30pm

Watsu Yoga Round is a powerful tool for deep relaxation and inner peace. It focuses on listening to the body and being present, offering a way to reconnect with your heart and experience an inner silence that is fully alive and vibrant.



When immersed in warm water during the Watsu Yoga Round, the body is free from the effects of gravity. The flow of movements and stretching, alternated with moments of stillness, invite progressive well-being: body and mind become free to dance!

- **Prerequisites:** no previous experience required (also no need to know how to swim!).

Guido

BODY AWARENESS & RELAXATION WITH HANS

Wednesdays, 5—6:15pm

@ Budokan Dojo, Dehashakti

For more info: 8110848123 WA, Hans

AUROMODE SPA OFFERS COSMETOLOGY SERVICES

Auromode SPA, offering services like facial, pedicure, manicure, waxing, threading, haircuts and hair coloring. Working from Monday to Saturday only by appointment call or WA: 9443635114.

Meha for Auromode SPA



Surya Performance Lab & CIRHU present:

FREEDOM OF THE BODY: DIALOGUE WITH THE CELLS

Thanks to the vision of The Mother and Sri Aurobindo

22, 23, 24 August, 9am—1pm @ Harmony Hall, Bharat Nivas. Please come at 8:45am

An immersive, experiential workshop* guided by Philippe Pelen & Thierry Moucazambo Assisted by Bianca & Samman from Surya Performance Lab

Theme: Ananda—Joy in the Cells

According to The Mother and Sri Aurobindo, when the divine Power of Light and Ananda descends into the physical being, it can illumine and reshape the cells—awakening a consciousness that transforms the body into a vessel of beauty and delight.

- **This workshop invites you to journey** from mind to heart, and heart to body, through: Deep relaxation Healing frequencies Meditation & Pranayama Yoga & visualization Spontaneous natural dance

A joyful experience that opens the door to cellular dialogue and inner transformation.

- **Who Can Join?** Open to Aurovilians, newcomers, volunteers, and guests curious to explore cellular consciousness. Also ideal for returning participants seeking deeper practice—each workshop offers a unique experience.

- **Contribution:**

- Aurovilians/ Newcomers/ Volunteers: Rs1500
- Guests: Rs 5000

- **Registration** is mandatory. Contact Bianca:

- bianca_nc@auroville.org.in, +91 8300387288 WA

Please wear light, flexible clothing, and bring a yoga mat or towel and a bottle of water.

"All the cells of the body were athirst for that Light which wants to manifest." "Every cell of our being is a sacred temple where divinity resides. Personal transformation begins by honouring this sacred presence within us."—The Mother

Philippe and Thierry



NEW MOON DRUM JOURNEY

Friday, 22 August, 5:30—7pm @ Tibetan Pavilion



Come with your intentions for a new start, allow yourself to release the old and make way for fresh possibilities this New Moon.

Drumming, Guided Meditations and the rhythmic beat of the drums will take you into a deep meditation. In this state one can access self healing from within. Experience the serene and peaceful atmosphere around you, amplifying the meditation practice. Let go of stress and tension, and find your inner peace. Harness the new moon's energy for new beginnings and for your personal growth.

- You are requested to register, contribution is requested.
- To get register call 0413 2622401 or 8489067332 WA.
- The door is shut at 5:20pm. Kindly be on time.

Kalsang

HYBRID/ ONLINE WORKSHOP: Radical Transformational Leadership for Here and Now 2025

Everybody can choose to be a radical transformational leader and contribute to addressing our challenges be it in our society, home or workplace. Our challenges of today need new transformations that source our inner capacities, and new design to make a difference.

Note: It consists of a series of 4 hybrid/ online workshops over 9 days, spaced apart by four to five weeks each. New capacities are introduced in each session and practiced in-between sessions to put these in action including weekly peer learning and coaching calls between each workshop session.

All participants must commit to participating in all the days in the four sessions.

- **Session 1:** 20—22 September, Saturday, Sunday, Monday
- **Session 2:** 18—19 October, Saturday, Sunday
- **Session 3:** 22—23 November, Saturday, Sunday
- **Session 4:** 20—21 December, Saturday, Sunday

The program will be held 8am to 5pm in person in Unity Pavilion or participants can attend online

- **Towards contribution**
 - **To register:** [please fill in the form here](#) or email stewardship4newemergence@auroville.org.in by 23 August.
 - Saranya: saranyaa2991995@gmail.com +91 8098938696
 - Vishnu: vishnuwaiting4urmail@gmail.com +91 8300328846
- <https://www.radicallytransform.org/>, Saranya, Vishnu

AWARENESS THROUGH THE BODY, ATB

Saturday, 23 August,
9:30am—12:30pm

All are welcome for an introductory exploration of Awareness Through the Body (ATB). This practice, developed in Auroville, aims to build self-awareness and self-regulation, increasingly allowing us to lead from a place of deeper wisdom—our psychic center.



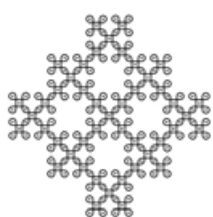
We use a variety of introspective and interactive, dynamic and still exercises gently leading us to a deeper space of awareness. Both new and experienced participants are most welcome!

- Prior registration required and [further details provided using the form](#)
- Honor for Dancing Tree
dancingtree.smile@gmail.com,
9159856148 WA



ACTIVITIES BY GRACE GITADELILA

KolamYoga offers One off Introduction sessions and /or Initiation sessions into the Integral 12 sessions foundation course. Develop power, beauty and knowledge in gestures guided through ancient symbolic scripts made contemporary. Return to deep relationship with yourself and Nature. Learn how to place yourself in its protection.



- <https://youtu.be/IErbDiGJVTA?si=z5yoS-chugMMnM6a>
- www.kolamyoga.com
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Kotree Yoga: Private one on one sessions with Grace Gitadelila. Who has four decades of experience working with the body as a vehicle of expression, a carriage, a house, a temple in infinite manifestations of creations aspiration.

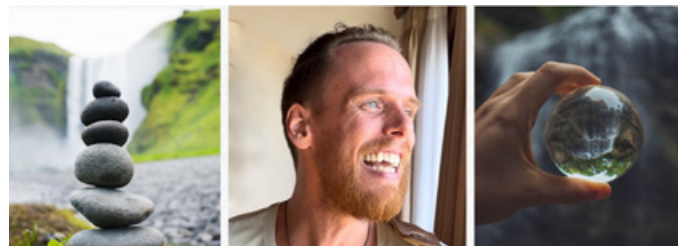
Gentle, strong movements, in chain sequence, held poses, alternated with rest and active guided recovery pauses, are fueled by conscious breathing. Each session inviting more and more a conscious integration of a whole beingness into the present moment. Activating wellbeing in a flowing liquid body.

- <https://youtu.be/DvxK5KR6u3M?si=cOdDK2YbtPs-ErYG>
- Book appointment with Grace Gitadelila, +91 8072449091 WA

Grace

INTEGRAL UNFOLDMENT

Transformational Coaching



Ready to go deeper? Explore your inner world gently, at your pace, with presence, curiosity & compassion.

Whether you're navigating life changes, seeking purpose, or feeling called to reconnect deeply with yourself, I offer 1:1 sessions grounded in presence, parts work, and embodied wisdom.

Curious to explore what's unfolding in you? Let's have a conversation...

By Dave (JOI Anitya), +44 7564119728 WA



World Game Summer Play!

Here is an opportunity to create 'your World' in a box filled with sand. This simple activity, known as 'Sandplay' opens up imagination and intuition, and reveals your own unique living soul.

What people say: "It was a very fluid, immersive and spontaneous experience, with all that one can choose from, play with and place in one's world. What was being built revealed a lot about my life trajectory and future orientation."

The duration of a session is 1.5 hours. It can be individual or together with a good friend. (A parent and child are welcome too.)

- Click to know more: [Adults](#) or [Children](#)
 - <https://spiritandnature.org.in>
- Contact Aikya: +919488084952 WA
 - spiritandnature@auroville.org.in

Submitted by Aikya

PITANGA CULTURAL CENTRE



Program, August 2025

Yoga and Classes

Days	Drop-in Classes	Timings	Presenters
Monday	Yoga Therapy	8—9:30am	Gala
	Listening Within	4—5pm	Mike
	Hatha Yoga	5:30—6:30pm	Priyamvada
Tuesday	Hatha Yoga	7:30—8:30am	Priyamvada
	Yoga: Restore & Relax	4—5:30pm	Florina
Wednesday	Yoga Therapy	8—9:30am	Gala
	Vinyasa Flow Yoga	5:30—7pm	Florina
Thursday	Prana Kriya	7:30—9am	Florina
	Aviva Exercise—for women only	4:30—5:30pm	Suriyagandhi
	Yoga: Restore & Relax	5:30—7pm	Florina
Friday	Pranayama, for former "The Art of Living" course participants	6:45—8am	François & Namrita
	Yoga Therapy	8—9:30am	Gala
	Feldenkrais, starts on 29 August	5:15—6:15pm	Shari
	Vinyasa Flow Yoga	5:30—7pm	Florina
Saturday	Breathing & Mudra	8—9:30am	Gala
	Truth Based Relationships, practical sessions	2:30—4:30pm	Juan Andres

Classes by Prior Registration

Days	By appointment	Timings	Presenters
Thursday	Neurographica®—Art Therapy for adults	3pm—5pm	Gala
Friday	Neurographica®—Art Therapy for families	3pm—5pm	Gala

Healing Space

Presenter	By Appointment
Afsaneh	Bio-Resonance (with Bi-Com machine)
	Chiropractic
Auromira	Shamanic Healing
Heidi S	Acupuncture
Juan	Thai Yoga Massage
Patricia G	Shiatsu, for Auroville residents only. Contact directly via WA message to schedule an appointment : +91 9487230399

Youth Activities

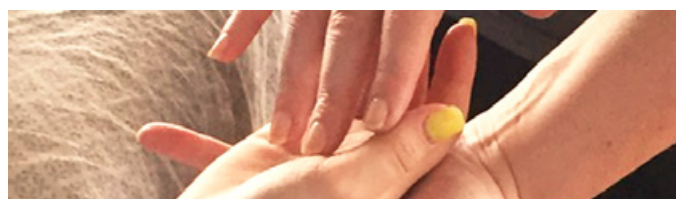
These are ongoing educational programs and not drop-in classes. If a child is interested, parents need to talk to the teacher before joining the class.

Days	Drop-in Classes	Timings	Presenters
Monday, Wednesday	Teen Yoga	4pm—5:15pm	Lisbeth, Florina

These classes are for the teenagers from AV schools. Parents are invited to register their children with Lisbeth at the start of the school season. Florina takes the classes in Lisbeth's absence.

Workshop

Professional Training: Advanced Massage and Bodywork



- **Module 1, with Shari**
 - Twice Weekly, for 6 weeks, 48 hrs
 - 3 September to 10 October
 - Wednesdays, 2—5pm & Fridays, 10am—1pm

We will be working on all levels of therapeutic massage and bodywork including anatomy, the body/mind/spirit as the vehicle for doing bodywork, moving deeply into the essence of healing. This will include deep listening, integration, and loving/compassionate touch.

We will explore techniques for treatment of specific conditions including the most often requested work on neck, shoulders, upper back, thoracic and lower back conditions, and contraindications.

This is the first in a series of 4 six-week courses with the intention of going deeply into what it means to be a successful professional in this field.

- Contribution requested.
- Certificate of Completion will be offered at the end of the 4 units in April 2026.
- There are some seats still available in this course.

New interested persons will be interviewed by Shari before the beginning of the classes.

- **For registration**, please contact Shari: +91 73059 41614

Pitanga joins Auroville's journey toward a cashless economy. Contributions are digital—either by FS account, Aurocard or UPI payment. Thank you for letting your guests know!

If you wish to receive our program of activities by email or WhatsApp, please write to us. See you at Pitanga, with a smile!

Anandamayi for Pitanga Team
2622403/ 9443902403 WA
info@pitanga.in



ARKA WELLNESS CENTER

Program

arka@auroville.org.in, 0413 2623799



Treatments

Therapist	Treatments, When
Barbara	- Yoga of Mother and Sri Aurobindo - Healing and Awareness on all levels (physical, vital, emotional, mental and psychic) - Mother's Flower Medicine (vibrational remedy) - Individual Sessions and Groupwork - Psychosomatic Therapy and Breath Therapy - Consciousness/ Energy/ Body Work based on Integral Yoga Only by appointment baritam@auroville.org.in
Pepe	- Body Logic - Soft Massage - Deep Tissue Massage - Monday to Saturday By appointment, +91 9943410987
Silvana TOS	- Cranio-sacral - Lomi Lomi - Kahuna massage - Barefoot body massage Monday to Saturday, by appointment only +91 9047654157
Antarjyoti <i>English & French</i>	Psychospiritual Introspective Tarot Reading - Deconditioning Self Inquiry - I ching oracle - Inner/subpersonalities forces awareness Monday to Saturday, by appointment only 0413 2623767, antarcalli@yahoo.fr
Niyati Thakkar	- Integral Regression therapy - Integral reiki healing - Holotropic technique breathwork Monday to Saturday, by appointment only +91 7041391995, narayani-nc@auroville.org.in
Shruti	Physiotherapy, in Orthopedics. Neck pain, Frozen shoulder, any shoulder related pain, Low back pain, Knee pain, Heel pain, Muscle injury, Ligament injury, Sports injuries, Sciatica, Post fracture/ Surgical rehabilitation, Stroke/ Paralysis, Facial palsy/ Bell's palsy, General fitness, Ergonomic advice By appointment only, +91 7904769496 auroshruthi@auroville.org.in

Classes

Teachers	Classes	When
Damien TOS	Acroyoga	By appointment only, +91 9047722740
Teresa	Pilates	Tuesday & Thursday, 7:30—8:30am Friday, 5:30—6:30pm. By appointment only, +91 7867998952
Aurosugan & Priyanka	Eye yoga and wellness retreat	Monday to Saturday, 7—8am By appointment only +91 8012305151/ 9704258709

Services

Aurokiya: Eye care center

- Monday to Saturday, 9am—12:30pm, 1:30—5pm
- +91 8012305151, aurokiya@auroville.org.in

Morning Star: Birth & women wellness

- morningstar@auroville.org.in

Maatram: Psychological & psychiatric consultation

- By appointment, +91 9087709434 maatram@auroville.org.in

Convalescence Facility: Post-surgical and care facility

- For Aurovilians only, Max. stay 3 weeks
- Contact Arka 0413 2623799, arka@auroville.org.in

Emergency Services: Ambulance & emergency service

- +91 9442224680, ambulance@auroville.org.in

Svasti: Homeopathic consultation

- By appointment, +91 9428429642 adititva@auroville.org.in

Health & Healing Trust: Administration office

- healthhealingtrust@auroville.org.in

Ramana, Arka

VÉRITÉ PROGRAM

www.verite.in

Regular Events August

- 0413 2622045, 2622606, 9363624083 or programming@verite.in, www.verite.in



Classes

Days	Drop-in Classes	Timings	Presenters
Mondays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Hatha Vinyasa Yoga	5—6pm	Andres
	Deep Sound Bath	5—6pm	Satyayuga
Tuesdays	Sivananda Yoga	7:30—8:30am	Mani
	Yoga to Improve Flexibility	9:15—10:15am	Kalidas
	Creative Voice Sound Healing	5—6:30pm	Lola
	Peace with Pranayama No class 5 August	5—6pm	Mamta
Wednesdays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Hatha Vinyasa Yoga	5—6pm	Andres
	Taralaya Flow Dance	5—6:30pm	Vera
Thursdays	Sivananda Yoga	7:30—8:30am	Mani
	Prana Vidhya	9:15—10:15am	Kalidas
	Yoga Nidra	5—6pm	Radha
	Deep Sound Bath	5—6pm	Satyayuga
Fridays	Yoga Asana: Deep Stretch & Relaxation	7:30—8:30am	Radha
	Free Flow Dance	5—6:30pm	Vega
	Hatha Vinyasa Yoga	5—6pm	Andres
Saturdays	Balancing asanas No class on 2 August	7:30—8:30am	Kalidas
	Deep Sound Bath	5—6pm	Satyayuga
	Sivananda Yoga No class 16 August	5—6pm	Mani

Therapies. Pre-registration required

Therapist	Therapies (by appointment only)
Andres	Thai Yoga Massage Bodywork
Mamta	Face & Neck Massage
Mani	Yoga Chikitsa: Personalized Yoga Therapy
	Thai Yoga Massage
Mila	Biodynamic Craniosacral Therapy
Parvathi	Food is Medicine: Lifestyle Health Practices Consultation
	Healing Facial Therapy: An 8-Step Skin Care Treatment with Indigenous Herbs
	Head Massage & Hair Care
Radha	Ayurvedic Massage: Detoxifying & Energy Balancing
	Swedish Massage
Raja	Integrated Ayurvedic, Acupressure, Deep Tissue & Heart Healing Massage
Satyayuga	Healing Sound Bath with Tuning Forks
Vyshnavi	Energy Healing Reiki
	Holistic Foot Reflexology
	Holistic Rebalancing Massage

Workshops

Pre-registration required

Day & Date	Workshops, pre-registration required	Timings	Presenters
Saturday, 23 August	Pawanamuktasana Series: Energize the Joints	9:15am—12pm	Mani
Saturday, 23 August	Face & Eye Yoga	2—4:30pm	Mamta
Friday, 29 August	Why Yoga Works: An Experiential & Scientific Exploration	9:15am—12pm	Dharani
Saturday, 30 August	Exploring the Various Yogic Tools for Enhancement in Breathing capacity	9:15am—12pm	Mani
Saturday, 30 August	Perimenopause, Portal to Power: Renewal for Women in Transition	9:15am—4:30pm	Auromira
Saturday, 30 August	Yoga Nidra: Deep Relaxation	2—4:30pm	Kalidas

Pawanamuktasana Series: Energize the Joints with Mani

• Saturday, 23 August, 9:15am—12pm

A structured series focusing on gently and safely moving the joints, from the toes to the neck, to help release energy blockages and reduce stiffness and muscular tension. The practice enhances circulation and range of motion, supporting a balanced flow of prana (vital energy) throughout the body, which is often experienced as an increase in energy level and a sense of lightness in the body-mind.

Face & Eye Yoga with Mamta

• Saturday, 23 August, 2—4:30pm

Learn simple self-massage techniques & exercises to release tension in the facial area, stimulate blood circulation & improve the efficiency of our sense organs, and tips on preventing eye damage caused by screen time.

Why Yoga Works: An Experiential & Scientific Exploration with Dharani

• Friday, 29 August, 9:15am—12pm

Explore how mindful movement, breath, & attention influence our musculoskeletal, nervous, respiratory, circulatory & endocrine systems. Gentle yoga practices, simple scientific models, & guided reflection to bridge intellectual understanding with embodied awareness. Open to all; no prior knowledge of anatomy or physiology required.

Exploring the various yogic tools for enhancement in breathing capacity with Mani

• Saturday, 30 August, 9:15am—12pm

A structured sequence of breathing techniques, as designed by the Gitananda yoga tradition, to enhance the efficiency and capacity of the lungs. The series includes kriya, asana, nada pranayama and mudra, and can, with regular practice, substantially increase the vital capacity of the lungs. We begin with Surya namaskar (sun salutation), followed by sectional breathing techniques in four stages (low, mid, upper and complete chest breathing and chanting), and conclude with guided relaxation. Suitable for all levels of practice.

Perimenopause, Portal to Power: Renewal for Women in Transition with Auromira

• Saturday, 30 August, 9:15am—4:30pm

A nourishing retreat for women who are entering perimenopause or have recently become menopausal. Gentle movement, lifestyle insights, reflective exercises, guided visualization, energy balancing, & renewal practices that support you to focus on yourself & embrace the power of this transformative phase of life.

Yoga Nidra: Deep Relaxation with Kalidas

• Saturday, 30 August, 2—4:30pm

Our modern lifestyle often interferes with the ability to experience deep rest and sleep. Yoga Nidra facilitates a state of deep relaxation, where the mind can become quiet and the body can heal, repair, rejuvenate and recharge itself. Learn to consciously relax the body and mind.

Anandhi

SOUND THERAPY & Self Healing

Rejuvenating soundbath combined with breathing techniques for maximum benefits: By immersing yourself in the vibrations from a sound bed you will start to connect with your body's consciousness.

By performing specific breathing exercises and deepening your connection with the chosen organ, you will be able to release negative emotions such as anger, sadness, and hate—and be able to invite joy, love, and stability into yourself.

These exercises can be continued as a Self-Healing practice at any time in the future.

- Contact 9385428400 call/ WA to book your session today!
- Donation Based

Submitted by Isha



Languages

NEWS FROM Auroville Language Lab, 21 August



Tomatis:

We still have some spaces for Aurovilians, Newcomers and Volunteers adults, teenagers and kids to do the Tomatis listening training programs—so don't delay to grab these spots. Have a look at <https://www.aurovillelanguage.org/alfred-tomatis-method/> for more info. If you have been waiting a while, or thinking about this for long, now is your chance. Send an email to tomatis@aurovillelanguage.org. Due to some postponements, two-week and three-week slots have opened up, which are great for the 30-hour Wellness Listening Training programs or shorter language programs. Open to all.

• Resonance, the book!

Check it out at <https://books.aurovillelanguage.org>

• To enquire or register:

- tomatis@aurovillelanguage.org
- or call 0413 2622467 or 3509932

Courses: Current Schedule of Classes as of 25 July

- <https://aurovillelanguage.org/current-schedule/>

Spanish Course with Mila

Beginner classes: Starting Monday, 18 August provided a minimum number of registered students.

- Mondays and Wednesdays, 2:30—4pm

This will be a special program which will span three blocks of 3 months each (36 hours) and ultimately take the students up to conversational fluency.

Please register soon by contacting the Language Lab

- info@aurovillelanguage.org or
- online: <https://aurovillelanguage.org/registration/>

Intermediate classes: Also planned are classes that will interest students who already have gone through beginner levels in the past and are looking to deepen their Spanish proficiency in its various aspects (speaking, reading, writing and grammar). If this fits your profile, you are invited to register as soon as possible; this will help get minimum registration numbers up quickly and confirm a starting date and times.

German—online private classes:

Our German class teacher Verena is back offering online private classes. Please contact the lab to register.

<https://aurovillelanguage.org/registration/>

Beginner and Advanced Korean classes

On Saturday at 3pm we have started beginner Korean language classes led by Mihong. Registration is still open with seats left to fill up!

<https://aurovillelanguage.org/registration/>

Also, Mint has started **advanced Korean classes** on Wednesday, 13 August, 11am—12noon for those who already have a basic level.

Italian classes starting again with Karuna

We're happy that Karuna has returned to re-start her excellent classes in Italian for all levels. Please register as soon as you can; the sooner we have a sufficient number of students, the sooner we can start!

- When starting, classes will be held from 4—5pm, Tuesdays and Fridays.

<https://aurovillelanguage.org/registration/>

French Classes

Beginner French with Jean-François: This 16-hour, 2-month course, is ideal for those who want to discover the French language. The classes are highly interactive, covering vocabulary of everyday life and the basics of grammar. By the end of the course, you will be able to make simple sentences useful for interaction, and talk about your work, hobbies, daily life, in a simple way.

- Course started on 11 August.
- Classes on Mondays and Wednesdays, 2:30—3:30pm.

French Conversation (Pre-Intermediate level) with Jean-François

This 16-hour, 2-month course, is ideal for those who possess a little knowledge of French but are not yet comfortable conversing. The course will focus on day-to-day topics and will be a good mix of grammar, verbal as well as written exercises. By the end of the course, students will be able to communicate in the present, past and future tenses. Students can join the class at any time.

- Course started on 12 August.
- Classes on Tuesdays and Thursdays, 2:30—3:30pm

For more information or to register, please contact the Language Lab at info@aurovillelanguage.org

English Classes

Next-Gen English: AI, Projects & You with Rupam

Ready to take your English to the next level? Join us for a fun and flexible language course where learning is anything but boring! Get customized English classes designed around your communication goals. Contact the lab to learn more.

Private and group classes for English

- **Rupam** : Our private and group classes are tailored to meet the unique needs of each student. However, please note that learning is not confined to the hour you spend with me. To truly develop a new skillset, it must become a part of your lifestyle. Be prepared to engage in various exercises that will challenge you to step out of your comfort zone and overcome your inhibitions.
- **Vismai**: offers English conversation lessons one-on-one and to small groups limited to 2-3 learners. Her classes are customized according to each individual's level and pace. Each class is divided into several segments focusing on aspects such as pronunciation, tuning the ear to various accents, fluency in conversation, basic grammar, reading comprehension, idiomatic expressions, and sentence construction. The lessons make use of poetry, film, song, and quiz to allow an easy assimilation of the language. Enquire for timings.

Intermediate English w. Ashwini

- Wednesday and Thursday, 4:30—5:30pm

Head on over to the Lab's online form and complete your registration: <https://aurovillelanguage.org/registration/>

Other Languages

Tamil Beginner w. Saravanan

- Started 1 July, Tuesdays and Fridays, 9:30—10:30am.

Especially suitable for those who have gone through a beginner level, this course will help you apply the fundamentals acquired earlier while gaining confidence in conversational Tamil. Our fun, interactive lessons and supportive environment will make it easy and enjoyable.

Call for Arabic Language Teacher

We are seeking a dedicated Arabic teacher with a native-level command of the language for one-on-one lessons. If you are enthusiastic about sharing your expertise, we would love to hear from you! Please send a brief cover email outlining your experience to info@aurovillelanguage.org.

Reminder about our free Evening Programs

The evening conversation sessions are a chance for all to practice speaking with native speakers offering their time:

- Mondays 5—6pm:
 - French with Isabelle, 1st, 3rd and 5th week of the month
 - French w. Coco and Gaspard, 2nd and 4th week of the month
- Wednesdays, 5:30—6:30pm: Sanskrit chanting with Remesh

We are still looking for native speakers to facilitate German, Italian and English conversation. Actually, any weekday from 5—6pm is open for people to offer their language.

Film Shows

Two documentary films, one on the Alfred Tomatis method (48 minutes) and one on the special features of the Language Lab building (27 minutes) are available on our new website and at the Lab, where you are welcome to come and watch them. All are welcome.

Communication with the Lab

Service through our BSNL phone numbers: 2623661 (Lab) and 2622467 (Tomatis).

- For language-related matters: +91 9843030355WA.
- For Tomatis please use 0413 3509932.

Current Schedule of Classes, 21 August

Language	Level	Time	Days of Class
English	Next-Gen English: AI, Projects & You	10:30—11:30am	Tuesday & Thursday with Rupam
	Creative Writing	9:30—10:30am	Monday & Wednesday Monthly, with Rupam
	Intermediate with Ashwini	4:30—5:30pm	Wednesday & Thursday
	Kids with Ashwini	5:30—6:30pm	Wednesday & Thursday
French	Beginner—Adults Starting September	3—4:30pm	Wednesday & Friday with AuroAsha
	Beginner Starting 11 August	2:30—3:30pm	Monday and Wednesday with Jean Francois
	Intermediate Starting 12 August	2:30—3:30pm	Tuesday & Thursday with Jean Francois
Korean	Beginner Starting 9 August	3—4pm	Saturday with Mihong
	Advanced Started 13 August	11am—12pm	Wednesday with Mint
Spanish	Starting 18 August	2:30—4pm	Monday & Wednesday
	Intermediate TBC	TBC	TBC with Mila
Tamil	Beginner	9:30—10:30am	Tuesday & Friday with Saravanan
German	Beginner Intensive	8:48—10:15am	Monday to Friday with Benedict
Italian	Beginner	4—5pm	Tuesday & Friday with Karuna

*Mita, Mano, Louis & Vismai
for Auroville Language Lab*

LEARN ENGLISH AND HINDI

- Learn spoken/ written English and Hindi language for fluency and confidence!
- For more information contact Ashwini: 8270512606.
Ashwini, Aspiration

Cinema

ECO FILM CLUB:

Every Friday @ Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with "previews" of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest.
- For more information about the bus service please contact Sadhana Forest at 8525038274.
 - Note: Families and children are welcome! Dinner for children will be served at 19:00. :)



Friday, 22 August

Akashinga: The Brave Ones

2020/ 14 minutes/ National Geographic

Akashinga: The Brave Ones follows an all-female anti-poaching unit in Zimbabwe that is redefining conservation through community empowerment rather than armed conflict. Founded by former special forces soldier Damien Mander, the group proves that protecting wildlife can transform both ecosystems and lives.

Submitted by Aviram

NEW MOON MOVIE

22 August at 5pm

@ Multimedia room, Centre d'Art, Citadines

Every New Moon day Art movie screening at Centre d'Art, Citadines. This month it will happen on Friday, 22 August at 5pm.

Faces Places by Agnes Varda, 2017, 93min

Original version with English subtitles

Faces Places (Visages Villages)

is a 2017 French documentary film directed by renowned filmmaker Agnès Varda and artist JR. The film documents the duo as they journey through rural France, capturing the portraits of the people they meet along the way. Their collaborative process leads them to create large-scale portraits, which are then displayed on buildings and other public spaces, leaving a profound impact on both the subjects and the communities they visit.



The film is an exploration of art, human connection, and the power of shared experiences, bridging generational and cultural gaps through the simple act of portraiture.

Everybody is welcome

Submitted by Marco



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
25—31 August 2025

Cinema Paradiso—Multimedia Center is operating at 100% seating capacity. Seating starts about 15mins before screening and stops as the film starts. Kindly arrive in time. A reminder not to use cell phone for any reason while the program is on, and no food/ beverage to be taken inside the hall.

Indian—Monday, 25 August, 8pm

Viduthalai: Part 2

India, 2024, Writer-Dir. Vetrimaaran w/ Vijay Sethupathi, Manju Warrier, Soori, and others, Action-Drama, 170 mins, Tamil-Hindi w/ English subtitles, Rated: NR (R)

In this acclaimed film, constable Kumaresan is thrust into a moral battlefield when tasked with capturing the elusive rebel leader Perumal. As he witnesses the horrifying abuse of power by his own force, Kumaresan's loyalty begins to fracture. With truth buried under violence and fear, he must decide whether to obey or resist. *When justice is silenced, rebellion becomes the loudest voice.*

Potpourri—Tuesday, 26 August, 8pm

Nybyggarna (The New Land)

Sweden, 1972, Dir. Jan Troell w/ Max von Sydow, Liv Ullmann, Eddie Axberg, and others, Epic-Drama, 102mins, Swedish-English w/ English subtitles, Rated: PG

Based on Vilhelm Moberg's acclaimed literary series, this acclaimed film tells the story of Swedish pioneers Karl-Oskar and Kristina, who struggle to build a new life in 1850s Minnesota while Robert chases fortune in California. Amid language barriers, war, and inner doubts, their journey reveals the grit and heartbreak of forging a future on unfamiliar soil. *The pioneer spirit endures—through sacrifice, sorrow, and the promise of a new beginning.*

Selection—Wednesday, 27 August, 8pm

Petit Pays (Small Country: An African Childhood)

France-Belgium, 2020, Dir. Eric Barbier w/ Jean-Paul Rouve, Isabelle Kabano, Djibril Vancoppenolle, and others, Drama, 112 mins, French-Kirundi-Swahili w/ English subtitles, Rated: NR (PG)

This film is being brought to you in collaboration with Alliance-Française. In this literary adaptation of the bestselling novel by Gaël Faye, young Gabriel lives a carefree life with his siblings and friends, in a lush neighborhood on the edge of chaos. But as ethnic tensions erupt into violence, innocence gives way to trauma. Torn between his French heritage and Rwandan roots, Gabriel must navigate a world unraveling around him. *When childhood meets catastrophe, memory becomes survival.*

Interesting—Thursday, 28 August, 8pm

Leviathan

UK, 2025, Dir. Alexander Beiner w/ Ciaran Craig, George Tsamis, and others, Documentary, 80mins, English w/ English subtitles, Rated: NR (PG)

A visually rich and emotionally resonant documentary that explores the breakdown of social trust and the deeper patterns shaping our world. Drawing on myth, psychology, and systems thinking, it offers a journey that is as intellectually engaging as it is psychospiritual, inviting reflection, renewal, and a reimagining of how we live together. *This film has been shared with us by Henrik, a member of the community.*

International—Saturday, 30 August, 8pm

The Supremes at Earl's All-You-Can-Eat

USA, 2024, Writer-Dir. Tina Mabry w/ Aunjanue Ellis-Taylor, Sanaa Lathan, Uzo Aduba, and others, Comedy-Drama, 124mins, English w/ English subtitles, Rated: PG-13

This Emmy winning film tells the story of Odette, Clarice, and Barbara Jean—once inseparable in their youth—reunite decades later in their Southern hometown. Their buried secrets, old wounds, and unexpected revelations threaten their lifelong bond. At Earl's All-You-Can-Eat, laughter collides with heartbreak as these fierce women confront the past to reclaim their future. *Come and see how secrets simmer, and sisterhood never fades.*

Children's Matinee—Sunday, 31 August, 4pm

Kubo and the Two Strings

USA-UK 2016, Dir. Travis Knight w/ Charlize Theron, Art Parkinson, Matthew McConaughey, and others, Fantasy-Epic, 101mins, English w/ English subtitles, Rated: PG

In this award-winning film, young Kubo lives in a peaceful seaside village with his loving but ill mother. Using his magical shamisen, he brings stories to life! But when a scary spirit returns, Kubo must go on a brave adventure with Monkey and Beetle to find his father's magical armor and discover who he truly is. *A magical journey begins when you dare to believe in your own story.*

Classic World Cinema @ Ciné-Club

Ciné-Club Sunday, 31 August, 8pm

Il Vangelo Secondo Matteo (The Gospel According to St. Mathew)

Italy-France, 1964, Dir. Pier Paolo Pasolini, w/ Enrique Erazoqui, Margherita Caruso, Susanna Pasolini and others, History-Drama, 137 mins, Italian w/ English subtitles, Rated: NR.

Along a rocky, barren coastline near the Sea of Galilee, Jesus teaches through parables, drawing disciples as he moves from place to place. His growing influence catches the attention of the Pharisees, chief priests, and elders, who conspire to have him arrested, beaten, tried, and crucified—just as he foretold. After his death, he appears to his disciples and gives them final instructions.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e., for Adults), NR=Film Not rated, Rating awaited.

To organize a seminar/ program at MMC kindly email us at mmcauditorium@auroville.org.in. We kindly request you to set up a recurring contribution for "MMC-CP" or "Film-maker-guest Expense" via Unity Fund or make a one-time donation there. Your support is crucial in sustaining this effort, thank you for being part of it!

Nina for MMC/ CP, Group Account# 105106,
mmcauditorium@auroville.org.in

About N&N

NEWS AND NOTES GUIDELINES

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole.

The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

The aim of News & Notes is to support any idea, that can shift Auroville as a community towards solutions:

- *If you see the problem and can share creative and constructive ways of sorting it out, we will print your article.*
- *If you are unsatisfied how the things are going on and simply want to express your frustration, we will not.*

Visiting hours:

- Monday & Tuesday, 10am—12pm

Hard deadline for submissions:

- Tuesday 3pm

Poster to publish:

- Width 9.5cm x Height 4cm

We maintain the right not to publish posters that are bigger than that or have text too small to be read in printer version or to publish them cut, or in icon size, or reformatted in a best way to fit the style of the newspaper.

Katiya (AgniJata) & Alexey
News & Notes, Media Centre, Town Hall,
NewsAndNotes@auroville.org.in

Emergency Services

Ambulance (24/7):

- Auroville—9442224680
- PIMS—0413 2656271

Security (24/7):

- Auroville Security & Emergency Services (ASES)—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health:

- Health Center—0413 3509942 & 3509943
- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/ 7 support:

- Vandrevalla Foundation +91 9999666555

India Emergency Response Service (24/ 7):

- 108

Accessible Auroville Public Bus

avbus@auroville.org.in



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Vérité Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen—Roundabout	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dining Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dining Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Roundabout	8:34	12:50	18:44
Town Hall—Main Parking	8:38	12:54	18:48
Vérité Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

Below link to join WhatsApp group of Auroville Bus

to get the regular updates of the bus:

<https://chat.whatsapp.com/Lt43wBCBno1E6CTwoaUt2x>